



# Robert Down Principal's Update

November 17 , 2022

## Principal's Message

Dear RHD Families -

This afternoon at approximately 1:10 PM, the fire alarm sounded and our classrooms were evacuated. We also held an evacuation drill yesterday at 1:05 PM, but it does not seem like these two events are related. The PGUSD maintenance team discovered a faulty sensor in the downstairs project room and our fire alarm company has been contacted. The students and staff reacted swiftly and responsibly during both evacuations, and I am very proud of their patience today as we waited for an official all clear.

Another reason to be proud of our students came yesterday during a short performance from the Monterey Peninsula Ballet Theater. Their director shared that our students were the best behaved group as they watched dancers performing short choreography from *The Nutcracker*, which will be held in Carmel in early December.

Thank you to all the parents who have filled out the CA Healthy Kids Survey. So far, 12 of you have sent me their screen shots verifying your participation. Information is below to participate if you have not had the chance.

For those of you that were able to purchase PTA Mix and Mingle tickets, I'll see you on Saturday. It should be fun!

## Announcements:

- **PGUSD Parent/Guardian Advisory Committee:** Any parents/guardians interested in providing feedback on the district's Local Control Accountability Plan (LCAP) are invited to attend a meeting with Director of Curriculum, Buck Roggeman, Wednesday, November 30, in the Forest Grove Library, 6:00 PM. Other meetings will take place at different campuses each month with dates to be determined. Feel free to contact Mr. Roggeman and myself to share your interest: [broggeman@pgusd.org](mailto:broggeman@pgusd.org) and [skeller@pgusd.org](mailto:skeller@pgusd.org).
- **Robert Down School is helping collect shelf stable food items on behalf of Food Drive for Monterey County.** If your family is able to donate, please send food items to school with your child to put in a food barrel on campus. For more information about this organization please visit: <https://foodbankformontereycounty.org/>
- The **RHD Holiday Program** has been solidified to occur back at **PGHS Breaker Stadium** on **Tuesday, December 13th** starting at 6:30 P.M. Make plans to dress warm and have plenty of blankets as we celebrate holiday traditions from around the world.
- Attached is a informational letter for 5th grade families inviting their students to participate in the annual **CA Healthy Kids Survey**. The survey questions are also included in the attachment. 5th graders will be bringing home the permission slip to participate in November. This survey only has 5th grade participants and RHD has been averaging 70%-79% participation the last few years. Our Site Council uses these anonymous survey results to make important financial decisions for our school, so please read the attachment and consider approving your student's participation.
- For families that would like to participate in the **CA Healthy Kids Survey**, please use the following link: <https://wested.ugam-apps.com/wed/ts/og8v> If you send me an email or text with a screen shot of your finished survey, I will enter you in a raffle to win two free tickets (on me) to the Taste of PG in the spring (or dinner to a local restaurant if the event does not take place). Please make sure to identify yourself in the email or text. Only four parents have contacted me so far so the odds are WAY better than the Powerball lottery! Thank you in advance for providing our Site Council with this important information.

In Otter Ohana,

Sean Keller, RHD Principal  
Google Voice (831) 275-0083  
[skeller@pgusd.org](mailto:skeller@pgusd.org)

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## RHD Upcoming Events

**Nov. 17** - PGUSD Board Meeting, 6:30 PM

**Nov. 19** - PGUSD PTA's Mix & Mingle Event, Holman Building Lauren's Lounge, 6:00-10:00 PM

**Nov. 20** - Meet at Aquarium to present "Make Waves with Odder" donation (see info below)

**Nov. 23** - Minimum Day, Dismissal 12:10 PM

**Nov. 24-25** - Thanksgiving Holiday, No School

**Nov. 29** - Cocoa with Keller, 6:30 PM, Zoom: <https://pgusd.zoom.us/j/83377375436>

ID: 833 7737 5436

**Dec. 13** - RHD Winter Concert, PGHS Breaker Stadium, 6:30 PM

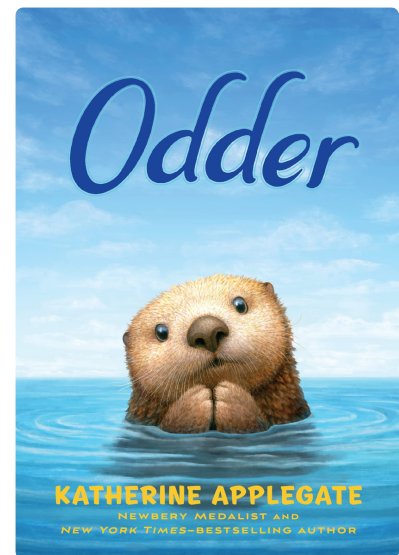
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## Make Waves with Odder - Coin Drive

Thank you to everyone who donated to Make Waves With Odder Coin Drive!!!

**CONGRATULATIONS!!!!!! We raised an awesome \$511.48**

The donation will be sent to the Monterey Bay Aquarium's Sea Otter Research and Conservation program. **While the 'real' check is going through the mail, we thought it would be fun to make a large presentation check and have some Robert Down Otters deliver it to the Aquarium in person this coming Sunday, November 20 at 10:00 AM. We could meet at the front doors and take a group picture.**



As this is not a school field trip, we will need to purchase tickets, enter as members, or use Shelf-to-Shore passes from the public library to enter the Aquarium. If any students and their families would like to visit the Aquarium Sunday, but do not have access to passes, please let me know and we can see about arranging to borrow some.

The Aquarium staff mentioned that they might like to share a picture from the event and asked that we provide their release form for anyone willing to be included in the photos. Please, bring the completed forms with you Sunday.

Thank you,

Anne Scanlon

Robert Down Elementary School

P.S. If you are able to stay until 11:30 AM, you will see Ms. Scanlon feeding fish in the kelp forest exhibit!

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## RHD - Active Student COVID Cases

As of November 17

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### Volunteer & Chaperone Clearance

If you plan on being a **VOLUNTEER** on campus or a **CHAPERONE** for a field trip, please be sure you are fingerprint cleared with our district and submit a copy of your **COVID vaccine card** to the District Office. To make an appointment at the District Office please call Kimberly Ortiz at 646-6553.

Before coming to campus to volunteer, please check with your child's teacher to schedule a time that works best for them.

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### Office Reminders...

1) Please have your child to school on time. Gates open at 8:30 AM. Warning bell rings at 8:40 AM. **Final bell rings and instruction begins at 8:45 AM.** When a student is tardy it is disruptive to the office and classroom. In addition, students miss important information and announcements from their teacher first thing in the morning.

2) Did you know that you can report your child's absence with your ParentVUE app? Simply log into your ParentVUE account to send the office a message about why your child is absent.

**\* Ways to report a student absent \***

- a) ParentVUE app
- b) 24 Hour Absence Line (831) 646-6663
- c) Email Carey O'Sullivan at [cosullivan@pgusd.org](mailto:cosullivan@pgusd.org)

3) Please make sure to relay afterschool plans with your child **PRIOR** to the school day. The office and teachers are getting phone calls and emails from parents daily about what their child should do after school. This is disruptive.



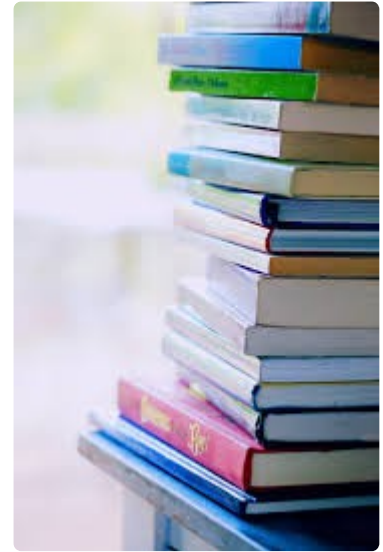
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## Robert Down Birthday Books

This notice is to tell you about our ***voluntary*** program designed to build the RHD library and foster your child's love of reading.

**Here is how it works:** To join the Robert H. Down Birthday Book Club fill out the information below (scroll way down to the bottom of this message to print the Birthday Book forms) and deposit it in the Drop Box at school along with a check for \$20.00 (please make the check payable to the P.G.U.S.D. and write R.H.D. Birthday Book on the memo line).

When your child's birthday month comes around Ms. Scanlon will present a new book in honor of your child's birthday. Your child will be the first one to check out and read the book that has been donated to the library to celebrate their birthday. A bookplate with your child's name will be affixed to the inside cover for all future readers to appreciate.



### Birthday Book Club.pdf

[Download](#)

280.3 KB

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# Tools for the Journey

Creating a World of Kind, Connected Human Beings



## Breathing

*I calm myself and check-in.*

## Quiet/Safe Place

*I remember my quiet/safe place.*



## Listening

*I listen with my ears, eyes, and heart.*

## Empathy

*I care for myself. I care for others.*



## Personal Space

*I have a right to my space and so do you.*

## Using Our Words

*I use the "right" words, in the "right" way,  
at the "right" time, for the "right" reason.*



## Garbage Can

*I let the little things go.*

## Taking Time

*I take time-in and time-away.*



## Please & Thank You

*I treat others with kindness and appreciation.*

## Apology & Forgiveness

*I admit my mistakes and work to forgive yours.*



## Patience

*I am strong enough to wait.*

## Courage

*I have the courage to do the "right" thing*



*Practices of a Peaceful Warrior*



**TOOLBOX**  
BY DOVETAIL LEARNING

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www.dovetaillearning.org

**ToolboxParentWkshopHandout.pdf**

[Download](#)

885.8 KB

**CLICK HERE to ORDER RHD Spirit Wear**

# RHD PTA DINE OUT FUNDRAISERS

**AUGUST**



**AUGUST 24**

4pm-9pm

**SEPTEMBER**



**SEPTEMBER 20**

All day

**OCTOBER**

*Michael's*  
Grill and Taqueria

**OCTOBER 19**

All day



**NOVEMBER**



**NOVEMBER 16**

Dinner

**DECEMBER**



**DECEMBER 14**

All day



Pacific Grove Unified School District neither endorses nor sponsors the organization or activity represented in this document.

## A stylized illustration of a VHS tape. The tape is dark grey with a yellow label area in the center. The label area is divided into three vertical stripes: teal, yellow, and red. A large, red, distressed 'SOLD' stamp is overlaid on the bottom right of the tape. The stamp has a white border and a speckled texture.

TICKETS:\$30 IN ADVANCE  
\$40 STARTING NOV

... ..

**SOLD OUT**

<https://bit.ly/3GHJPIJ>

Pacific Grove Unified School District neither endorses nor sponsors the organization or activity represented in this document.

A PTA Fundraiser for all PG Schools

**Tickets  
are sold  
out &  
will not  
be sold at  
the door.**

**Thank you for  
purchasing your  
tickets in  
advance!  
~Your PTAs**



Please join us for



# THE 41ST ANNUAL WINTERFEST

FREE ADMISSION

Children's store, silent auction, activities, crafts,  
baked goods & refreshments  
\$2 tickets interchangeable across event

Winter Concert with Mary Lee Sunseri  
Visit from Santa & the Snow Queen!

SAT. DEC. 3RD



11 AM - 2 PM

PG Adult Education Meadow,  
1025 Lighthouse Ave, Pacific Grove,  
CA 93950

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the organization or activity represented in this document

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## Pacific Grove Unified School District

### NOVEMBER 2022 Elementary School Menu



Breakfast				
Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Raisins / Craisins / Apple Crisps Milk	Mini Cinnis Raisins / Craisins / Apple Crisps Milk	Concha/Pan Dulce (Mexican sweet bread) 100% Fruit Juice Milk	Cereal Raisins / Craisins / Apple Crisps Milk	Chocolate Muffin 100% Fruit Juice Milk
Lunch				
	Tuesday 11/1	Wednesday 11/2	Thursday 11/3	Friday 11/4
	Turkey & Cheese Cracker Kit Fruitables Juice Fresh Fruit Milk	Turkey Ham & Cheese Sandwich Edamame Fruit Cup Milk	Sun/Soybutter & Jelly Sandwich (strawberry/grape) Sunflower Seeds Fruitables Juice Apple Crisps Milk	Italian Combo Sandwich (cured turkey deli meat) Carrots Fresh Fruit Milk
	MINIMUM DAY	MINIMUM DAY	MINIMUM DAY	MINIMUM DAY
Monday 11/7	Tuesday 11/8	Wednesday 11/9	Thursday 11/10	Friday 11/11
Bean & Cheese Pupusa Side Salad Fruit Cup Milk	Chicken & Waffles (NAE chicken served with syrup) Hash Browns 100% Fruit Juice Milk	Meatballs & Marinara (chicken meatballs) Texas Toast Green Beans Fresh Fruit Milk	Build-a-Burger (all-beef or veggie patty) plain or with cheese, lettuce & pickles Baked Beans 100% Fruit Juice Milk	Veterans Day  NO SCHOOL
Monday 11/14	Tuesday 11/15	Wednesday 11/16	Thursday 11/17	Friday 11/18
Grilled Cheese Sandwich Cucumbers Fresh Fruit Milk	Brunch for Lunch Buttermilk Pancakes served with syrup Turkey Sausages Hash Browns Fresh Fruit Milk	Turkey Taco Nada Carrots Fresh Fruit Milk	Grilled Chicken Sandwich or Veggie Burger Baked Beans 100% Fruit Juice Milk	Domino's Cheese Pizza Side Salad Fresh Fruit Milk
Monday 11/21	Tuesday 11/22	Wednesday 11/23	Thursday 11/24	Friday 11/25
Macaroni & Cheese Garlic Breadstick Cucumbers 100% Fruit Juice Milk	Crispy Chicken Sandwich (NAE whole-muscle breaded filet) Corn Fresh Fruit Milk	Sunbutter & Jelly Sandwich String Cheese Carrots Fresh Fruit Milk Graham Crackers MINIMUM DAY	Thanksgiving  NO SCHOOL	NO SCHOOL
Monday 11/28	Tuesday 11/29	Wednesday 11/30		
Mozzarella Stuffed Breadsticks Marinara Sauce Green Beans 100% Fruit Juice Milk	Meatloaf & Garlic Toast Corn Fresh Fruit Milk	Orange Chicken Steamed Rice Edamame Fruit Cup Milk		

Daily Vegetarian Option includes Sunbutter & Jelly Sandwich & Bean & Cheese Burrito Menu subject to change without notice; the USDA and CDE are equal opportunity providers and employers

**\*ALL MEALS ARE FREE THROUGH MAY 26, 2023\***  
[www.pgusd.org/Departments/Food-Services](http://www.pgusd.org/Departments/Food-Services)

## Health Department Announcement

### Health Department and Area Hospitals Urge Monterey County Residents to Take Preventative Measures Against Winter Respiratory Viruses

Community Hospital of the Monterey Peninsula, Mee Memorial Healthcare System, Natividad Medical Center, Salinas Valley Memorial Hospital, and the Monterey County Health Department urge all residents to act now to protect themselves and their families against respiratory viruses circulating this holiday season, including influenza ("flu"), COVID-19, and respiratory syncytial virus (RSV). An early wave of RSV and influenza activity in California has led to increased hospitalizations among children in many places across the state, placing stress on the healthcare system.

Monterey County hospitals are not Pediatric Intensive Care Unit hospitals and are working with regional hospitals to transfer critical care pediatric patients. These critical care hospitals are also near capacity.

In at least two Monterey County hospitals, the number of pediatric patients with respiratory symptoms visiting the Emergency Departments has more than doubled. Local hospitals and the Health Department ask for everyone's help keeping our children and families safe heading into the winter season by following these five steps:

- **Get Vaccinated and Boosted.** Influenza and COVID-19 vaccines continue to provide the best protection against severe illness and death. You can get both vaccines at the same time. Everyone 6 months of age and older should get up to date on their flu and COVID-19 vaccinations now.
- **Stay Home if You Are Sick.** When you are sick, avoid close contact with others to protect them and to take the time you need to heal.
- **Wear a Mask.** There is no vaccine for RSV. Wearing a mask can significantly slow the spread of RSV and protect babies and young children who do not yet have immunity. You can spread illness before you start feeling sick. Wearing a mask in indoor public places protects others who might be more medically vulnerable.
- **Wash Your Hands.** Frequent handwashing with soap and warm water is an easy way to stay healthy and keep from spreading germs.
- **Cover Your Cough** or sneeze with your elbow, arm, or a disposable tissue to help prevent the spread of winter viruses.

Community Hospital of the Monterey Peninsula, Mee Memorial Health Care System, Natividad Medical Center, Salinas Valley Memorial Hospital, and the Monterey County Health Department urge residents to take these measures to help our hospitals have the capacity to care for all Monterey County residents this winter.

**Upcoming free influenza and COVID-19 vaccination clinics for everyone 6 months of age and older:**

- November 17 from 4pm to 7pm: Bay View Academy, Lower Campus, 222 Casa Verde Way, Monterey
- November 19 from 10 am to 4 pm: County of Monterey Health Department, 1270 Natividad, Salinas

***El Departamento de Salud y los hospitales locales urgen a los residentes del condado de Monterey a tomar medidas preventivas contra los virus respiratorios del invierno***

El Hospital Community Hospital of the Monterey Peninsula, el Mee Memorial Healthcare System, el Centro Médico Natividad, el Hospital Salinas Valley Memorial y el Departamento de Salud del Condado de Monterey urgen a todos los residentes a actuar ahora para protegerse a sí mismos y a sus familias contra los virus respiratorios que circulan en esta temporada de fiestas, incluyendo la influenza ("gripe"), el COVID-19 y el virus sincitial respiratorio (VRS). La primera ola de actividad del VRS y de la gripe en California ha provocado un aumento de las hospitalizaciones entre los niños en muchos lugares del estado, lo que ha puesto a prueba el sistema sanitario.

Los hospitales del Condado de Monterey no son hospitales de la Unidad de Cuidados Intensivos Pediátricos y están trabajando con los hospitales del área de la Bahía para trasladar a los

pacientes pediátricos de cuidados intensivos. Estos hospitales de cuidados intensivos también están cerca de su máxima capacidad.

En al menos dos hospitales del condado de Monterey, el número de pacientes pediátricos con síntomas respiratorios que visitan los departamentos de emergencia se ha duplicado. Los hospitales locales y el Departamento de Salud piden la ayuda de todos para mantener a nuestros niños y familias seguros de cara a la temporada de invierno siguiendo estos cinco pasos:

- **Vacúnate y ponte la vacuna de refuerzo.** Las vacunas contra la gripe y el COVID-19 siguen proporcionando la mejor protección contra las enfermedades graves y la muerte. Puedes ponerte las dos vacunas al mismo tiempo. Todas las personas de 6 meses en adelante deben ponerse al día con las vacunas contra la gripe y contra el COVID-19 ahora.
- **Quédate en casa si estás enfermo.** Cuando estés enfermo, evita el contacto cercano con los demás para protegerlos y para tomarte el tiempo que necesitas para curarte.
- **Utiliza una mascarilla.** No hay vacuna para el VRS. Llevar una mascarilla puede ralentizar considerablemente la propagación del VRS y proteger a los bebés y niños pequeños que aún no tienen inmunidad. La enfermedad se puede propagar antes de que empiecen los síntomas. Llevar una mascarilla en lugares públicos cerrados protege a las personas más vulnerables.
- **Lávate las manos.** Lavarse las manos con frecuencia con agua tibia y jabón es una forma sencilla de mantenerse sano y evitar la propagación de gérmenes.
- **Al toser o estornudar,** cúbrete con el codo, el brazo o un pañuelo desechable para evitar la propagación de los virus invernales.

El hospital Community Hospital of the Monterey Peninsula, el Mee Memorial Healthcare System, el centro médico Natividad, el hospital Salinas Valley Memorial y el departamento de salud del condado de Monterey urgen a los residentes a tomar estas medidas para ayudar a nuestros hospitales a tener la capacidad de atender a todos los residentes del condado de Monterey este invierno..

**Próximas clínicas gratuitas de vacunación contra la influenza y COVID-19 para todas las personas de 6 meses en adelante:**

- 17 de noviembre de 4pm a 7pm: Bay View Academy, Lower Campus, 222 Casa Verde Way, Monterey
- 19 de noviembre de 10 am a 4 pm: Departamento de Salud del Condado de Monterey, 1270 Natividad, Salinas

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## Otterly Adorable



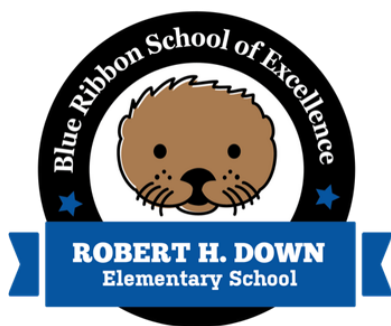


## Robert Down Elementary School

Website: <https://robertdown.pgusd.org/>

Location: [485 Pine Avenue, Pacific Grove, CA, USA](#)

Phone: (831) 646-6540



### RHD 5th Grade CA Healthy Kids Letter and Sample Surveys 2022-2023.pdf

[Download](#)

2.6 MB

## Robert Down CHKS PARENT Survey Log in Letter 2022 23 English.docx.pdf

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92.7 KB

## Robert Down CHKS PARENT Survey Log in Letter 2022 23 Spanish.docx.pdf

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93.5 KB

## 2022-23 Pricing Letter to Households.pdf

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156.5 KB

## BUS-PASSApplication - 22-23.doc

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## Allergy Alert Letter K-2.pdf

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