



Robert Down Principal's Update

December 8, 2022

Principal's Message

Dear RHD Families -

The weather for next week looks like it will cooperate for our annual Holiday Program. Just in case, we have a plan B but we are planning forward with having the event at PGHS Breaker Stadium on Tuesday, December 13th at 6:30 PM - drop off at 6:15 PM. A map of drop off/pick up information is below to help with knowing where students will be sitting.

The annual Rudolph (AKA Jingle Bell) Run in Pacific Grove, on Saturday Dec. 10, is at risk of not having enough volunteers to take place. If you have time to spare, there are shifts on Friday afternoon (Dec 9) for Bib Pickup at both 2:00 and 4:30, and on Saturday morning for the run itself. Please sign up directly on the event website. Click the link to Volunteer.

The Rudolph Run raises money for the Arthritis Research Coalition. Let's have a good showing from RHD! It's a fun event for whole families, for a great cause :)

[Arthritis Research Coalition Sign Up](#)

From PGUSD Director of Curriculum Buck Roggeman:

Dear Robert Down families,

You still have time to participate in the parent version of our California Healthy Kids Survey. The data we receive from this survey is an important measure of safety, learning supports, efforts to improve student achievement, and health risks that stand as barriers to learning. Last year, we had 96 parents participate in the survey. So far this year, we have 43 parent responses. We sincerely thank those of you who have taken the time to complete the survey. Our goal is to exceed our 96 responses from last year. The survey will close soon, so please devote 20 minutes of your time to provide this important information. Here is the [RD parent survey link](#).

Thank you for helping us serve your student(s).

- **Send a screen shot of your finished survey to skeller@pgusd.org for a chance to win two tickets to the PG PRIDE Taste of PG!**
- **Remember to pick up lost and found items before next Friday! It will be cold the night of the Holiday Program, so make sure your student(s) stay warm.**

Holiday Program Plans

I hope everyone had a wonderful Thanksgiving Break. The days seem to be speeding, and soon we will be celebrating holiday traditions from around the world at our annual performance. Earlier this week, the 14-day forecast listed thunderstorms, so we have a contingency plan just in case Tuesday, Dec. 13th brings inclement weather like today. More recent forecasts have provided better weather.

Plan A: Tuesday, Dec. 13th - Holiday Program at Pacific Grove High School's Breaker's Stadium (Corner of Sunset Drive and Congress Ave.). Several information sheets are below to provide families where to park, student drop off locations, classroom sitting locations on the track, and pick up. There are other pictures to help families with locations of drop off and pick up from last year.

Plan B: Tuesday, Dec. 13th (Alternate Location if it rains) - Holiday programs at RHD starting with Kindergarten, 1st, and 2nd grades at 5:00 P.M. and 3rd, 4th, and 5th grades at 6:30 PM. This will only occur if we have inclement weather. Audience members will be limited to parents/guardians. A zoom feed will be provided for other family members/friends that want to watch the program (It is unsure if a Zoom simulcast will be available at Breaker's Stadium).

Regardless of the location, our program will be lots of fun, so make plans to attend and be prepared for cold weather if we are at the stadium.

Don't Let Your Student's Items Be Lost Forever - Find Them Soon!

Please come by the Lost and Found as it is once again overflowing with jackets, sweatshirts, and water bottles. All items left after Dec. 16th will be donated to charity.

Can Food Drive

Please remember to donate to our annual food drive. Many county residents are in need this holiday season, so let's show the food bank how much our Ohana cares. For more information about the food bank please visit: <https://foodbankformontereycounty.org/>

A Great Gift for the Holidays!

The RHD Brick Fundraiser is now selling bricks offline only. Families can print out the attachment or come to the RHD lobby to pick up the updated fliers - also a black and white version of the flier was sent home in your student's folder two weeks ago.

Prices have increased since the spring due to the cost of installation, but all 4 x 8 or 8 x 8 bricks are still under \$100. Tell your local business to contact me if they are interested in purchasing a brick.

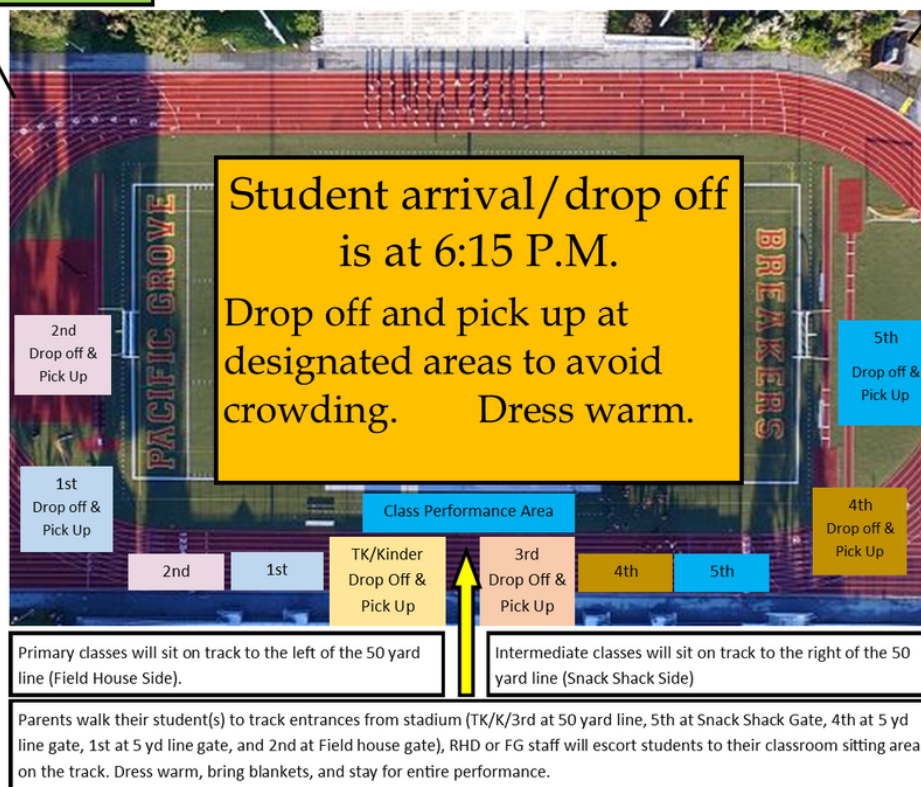
In Otter Ohana,

Sean Keller, RHD Principal
Google Voice (831) 275-0083
skeller@pgusd.org

Inside Stadium Parking . This area will be reserved for families with disabled placards and obvious need to park close to event. Entrance off Congress for Forest Grove Elementary

PGUSD Elementary Holiday Program

Fire/Ambulance
Entrance. No Parking
available.



Main Entrance
Off Sunset
Drive

PGUSD Elementary Holiday Program

Holiday Program Parking

- PGHS parking lot off Sunset near the baseball field
- **Sunset Drive and Congress Ave.**
- Off Forest Lodge Road in the shared parking lot between PGHS and Forest Grove Elementary
- **We ask that the stadium parking (access through Forest Grove/Congress) be saved for the Disabled and family members with walking concerns.**
- **Forest Grove staff parking will be reserved for FG & RHD employees.**

A few things to remember for that night:

- The PGHS track does not support high heels so please wear flats or pumps if you plan to come onto the track for student pick up.
- Students will sit on the track with their grade level in their homeroom class. Students may want to use a jacket or small blanket to sit on.
- Students will need to stay until the end of the performance. All grades will perform on Monday, Dec. 12th (Forest Grove) and Tuesday, Dec. 13th (Robert H. Down) Weather forecast is mid 50s to low 60s.
- Photo opportunities will be available but please bring that zoom lens if you have one. There may be folks in wheelchairs watching from the track level - no one should stand in front of these attendees. Families are welcome to bring folding chairs if it is difficult to climb the ramp or stairs into the stadium seats.
- This will be a time for our Otter Ohana to come together safely to celebrate our shared holiday traditions along with learning from each other about different cultural celebrations. Please keep a safe distance from each other in the stands and work together while selecting seating arrangements. Be warm with each other in spirit and remember that we all need to be supported.

PGUSD Elementary Holiday Program

Estacionamiento del programa de vacaciones

- Estacionamiento de PGHS en la calle Sunset cerca del campo de béisbol
- Calle Sunset y avenida Congreso.
- Fuera de Forest Lodge Road en el estacionamiento compartido entre PGHS y la primaria Forest Grove
- Pedimos que el estacionamiento del estadio (acceso a través de Forest Grove/ Congress) sea reservado para los discapacitados y los miembros de la familia con problemas para caminar.
- El estacionamiento del personal de Forest Grove estará reservado para los empleados de FG y RHD.

Algunas cosas para recordar esa noche:

- La pista de PGHS no admite tacones altos, así que use zapatos planos o de tacón si planea venir a la pista para recoger a los estudiantes.
- Los estudiantes se sentarán en la pista con su clase principal junto con el mismo nivel de clase. Los estudiantes podrían usar una chaqueta o una manta pequeña para sentarse.
- Los estudiantes deberán quedarse hasta el final de la presentación. Todos los grados se presentarán el lunes 12 de diciembre (Forest Grove) y el martes 13 de diciembre (Robert H. Down) El pronóstico del tiempo es entre 50 y 60 grados.
- Habrá oportunidades para tomar fotos, pero traiga una cámara con lente si tiene una. Puede haber personas en sillas de ruedas mirando desde el nivel de la pista; nadie debe pararse frente de estos asistentes. Las familias pueden traer sillas que se doblan si es difícil subir la rampa o las escaleras en los asientos del estadio.
- Este será un momento para que nuestra familia Otter Ohana se reúna de manera segura para celebrar nuestras compartidas tradiciones festivas, y aprender unos de otros sobre las diferentes celebraciones culturales. Mantengan una distancia segura entre ustedes en las gradas y trabajen juntos mientras eligen sus asientos. Permanezcan cálidos el uno con el otro en espíritu y recuerden que todos necesitamos apoyo.

PGUSD Elementary
Holiday Programs
Forest Grove: Monday, Dec. 12th
Robert H. Down: Tuesday, Dec. 13th

2nd
Drop off &
Pick Up

5th
Drop off &
Pick Up

1st
Drop off &
Pick Up

TK/Kindergarten
Drop Off & Pick Up

3rd
Drop Off &
Pick Up

4th
Drop off &
Pick Up

Johnson
McNickle
Coleman

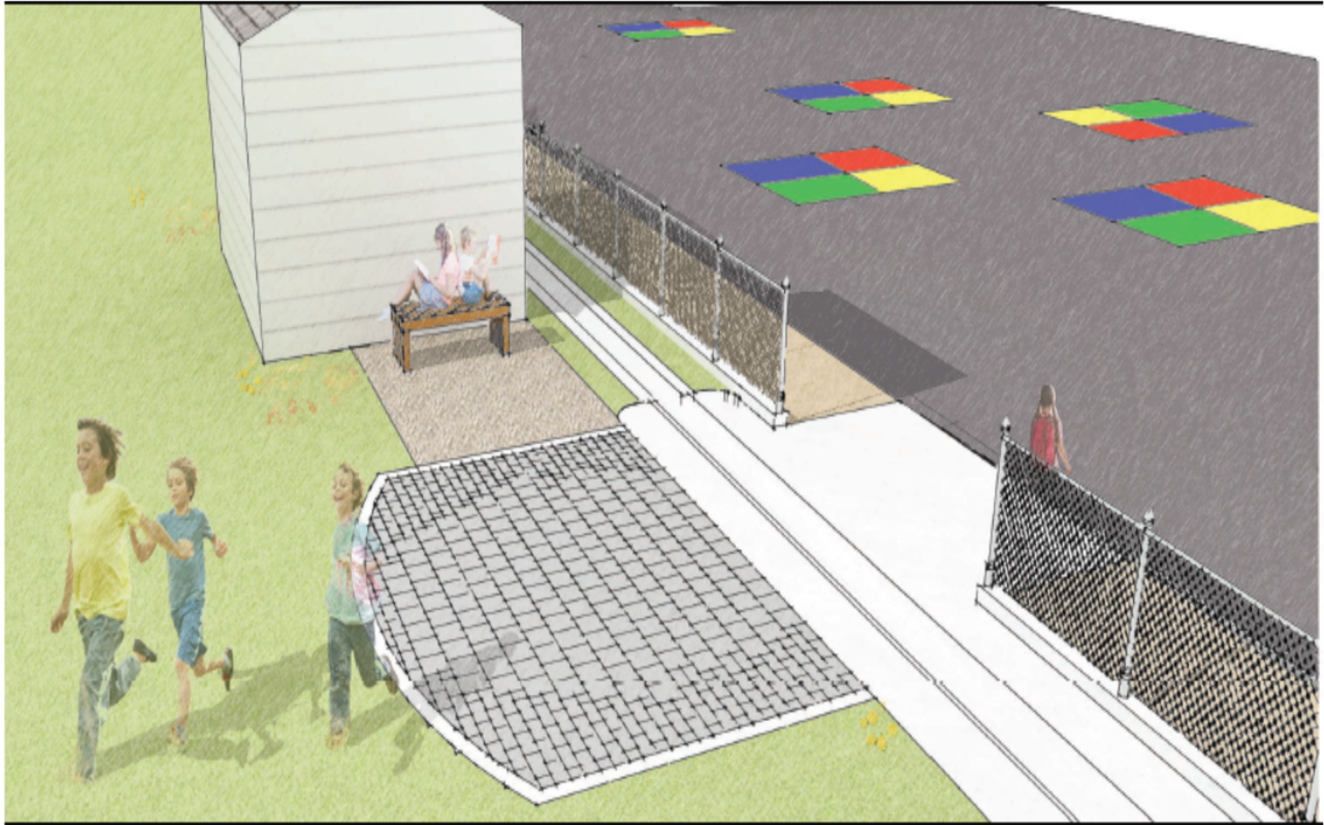
Gilmore Bingham Perkins Evans Chavez Kelly Renteria Ibrahim Jones

Perlstein Brockmeyer Smith Dacuyan

Levy Pechan Hiserman Hober







RHD Upcoming Events

Dec. 1-14 - Food Drive for Monterey County Food Bank

Dec. 13 - RHD Winter Concert, PGHS Breaker Stadium, 6:30 PM

Dec. 14 - PTA Dine Out, California Pizza Kitchen, 11:00 AM - 9:30 PM

Dec. 16 - All Lost & Found items will be donated

Dec. 16 - Minimum Day, dismissal 12:10 PM

Dec. 17-Jan. 2 – Winter Break, no school

Jan. 3 - Welcome Back!

RHD - Active Student COVID Cases

As of December 8

Volunteer & Chaperone Clearance

If you plan on being a **VOLUNTEER** on campus or a **CHAPERONE** for a field trip, please be sure you are fingerprint cleared with our district and submit a copy of your **COVID vaccine card** to the District Office. To make an appointment at the District Office please call Kimberly Ortiz at 646-6553.



Before coming to campus to volunteer, please check with your child's teacher to schedule a time that works best for them.



Office Reminders...

1) Please have your child to school on time. Gates open at 8:30 AM. Warning bell rings at 8:40 AM. **Final bell rings and instruction begins at 8:45 AM.** When a student is tardy it is disruptive to the office and classroom. In addition, students miss important information and announcements from their teacher first thing in the morning.

2) Did you know that you can report your child's absence with your ParentVUE app? Simply log into your ParentVUE account to send the office a message about why your child is absent.

*** Ways to report a student absent ***

- a) ParentVUE app
- b) 24 Hour Absence Line (831) 646-6663
- c) Email Carey O'Sullivan at cosullivan@pgusd.org

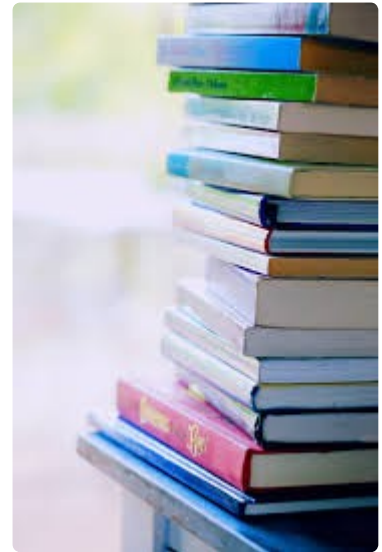
3) Please make sure to relay afterschool plans with your child **PRIOR** to the school day. The office and teachers are getting phone calls and emails from parents daily about what their child should do after school. This is disruptive.

Robert Down Birthday Books

This notice is to tell you about our ***voluntary*** program designed to build the RHD library and foster your child's love of reading.

Here is how it works: To join the Robert H. Down Birthday Book Club fill out the information below (scroll way down to the bottom of this message to print the Birthday Book forms) and deposit it in the Drop Box at school along with a check for \$20.00 (please make the check payable to the P.G.U.S.D. and write R.H.D. Birthday Book on the memo line).

When your child's birthday month comes around Ms. Scanlon will present a new book in honor of your child's birthday. Your child will be the first one to check out and read the book that has been donated to the library to celebrate their birthday. A bookplate with your child's name will be affixed to the inside cover for all future readers to appreciate.



Birthday Book Club.pdf

[Download](#)

280.3 KB

Tools for the Journey

Creating a World of Kind, Connected Human Beings



Breathing

I calm myself and check-in.

Quiet/Safe Place

I remember my quiet/safe place.



Listening

I listen with my ears, eyes, and heart.

Empathy

I care for myself. I care for others.



Personal Space

I have a right to my space and so do you.

Using Our Words

*I use the "right" words, in the "right" way,
at the "right" time, for the "right" reason.*



Garbage Can

I let the little things go.

Taking Time

I take time-in and time-away.



Please & Thank You

I treat others with kindness and appreciation.

Apology & Forgiveness

I admit my mistakes and work to forgive yours.



Patience

I am strong enough to wait.

Courage

I have the courage to do the "right" thing



Practices of a Peaceful Warrior



TOOLBOX
BY DOVETAIL LEARNING

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www.dovetaillearning.org

ToolboxParentWkshopHandout.pdf

[Download](#)

885.8 KB

CLICK HERE to ORDER RHD Spirit Wear

Pacific Grove Unified School District neither endorses nor sponsors the organization or activity represented in this document.



california
pizza kitchen

PIZZA WITH A PURPOSE

Show this flyer or mention the organization listed below
on your visit, and California Pizza Kitchen will
DONATE 20% OF ALL FOOD & BEVERAGE SALES
on your check to the organization listed below. Purchases include
dine-in, take-out, catering, and online orders at CPK.com
when you enter **BACK20%** at checkout.

Fundraiser in support of:

Robert H. Down PTA

Wednesday 12/14/22

11am - 9:30pm

Valid at the following location

CALIFORNIA PIZZA KITCHEN

1100 Del Monte Center

831-375-4975 for carryout expect longer wait times

cpk.com

Fundraiser valid only on the date(s) and at the CPK location(s) identified on this flyer. Only 501c organizations and non-profit schools are eligible to participate in CPK's fundraiser program. CPK will donate 20% (twenty percent) of all food and beverage sales to the organization. Tax, gratuity, gift card and retail sales are excluded from the donation. Valid for dine-in, takeout, online, catering, curbside or delivery orders placed directly with CPK. Not valid for orders placed or fulfilled through third-party delivery. Void if flyer is distributed in or near restaurant. For more information about the 501c organization participating in the fundraiser, please contact the organization directly. Not valid at franchise locations in Guam, stadium, university, international, airport locations, or the Grand Sierra Resort and Casino.

V3

RHD PTA DINE OUT FUNDRAISERS

AUGUST



AUGUST 24

4pm-9pm

SEPTEMBER



SEPTEMBER 20

All day

OCTOBER

Michael's
Grill and Taqueria

OCTOBER 19

All day



NOVEMBER



NOVEMBER 16

Dinner

DECEMBER



DECEMBER 14

All day



Pacific Grove Unified School District neither endorses nor sponsors the organization or activity represented in this document.



Pacific Grove Unified School District



DECEMBER 2022 Elementary School Menu

Breakfast				
Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Raisins / Craisins / Apple Crisps Milk	Mini Cinnis Raisins / Craisins / Apple Crisps Milk	Concha/Pan Dulce (Mexican sweet bread) 100% Fruit Juice Milk	Cereal Raisins / Craisins / Apple Crisps Milk	Chocolate Muffin 100% Fruit Juice Milk
Lunch				
			Thursday 12/1	Friday 12/2
			Build-a-Burger (all-beef or veggie patty) plain or with cheese, lettuce & pickles Baked Beans 100% Fruit Juice Milk	Domino's Cheese Pizza Side Salad Fresh Fruit Milk
Monday 12/5	Tuesday 12/6	Wednesday 12/7	Thursday 12/8	Friday 12/9
Bean & Cheese Pupusa Side Salad Fruit Cup Milk	Chicken & Waffles (NAE chicken served with syrup) Hash Browns 100% Fruit Juice Milk	Meatballs & Marinara (beef meatballs) Texas Toast Green Beans Fresh Fruit Milk	Grilled Chicken Sandwich or Veggie Burger Baked Beans 100% Fruit Juice Milk	Domino's Cheese Pizza Carrots w/ Ranch Fresh Fruit Milk
Monday 12/12	Tuesday 12/13	Wednesday 12/14	Thursday 12/15	Friday 12/16
Mozzarella Stuffed Breadsticks with marinara sauce Green Beans 100% Fruit Juice Milk	Crispy Chicken Sandwich (NAE whole-muscle breaded filet) Sweet Potato Tots Fresh Fruit Milk	Turkey Taco Nada Carrots Fresh Fruit Milk	Build-a-Burger (all-beef or veggie patty) plain or with cheese, lettuce & pickles Baked Beans 100% Fruit Juice Milk	Sun/Soybutter & Jelly Sandwich String Cheese Fruitables Juice Apple Crisps Milk MINIMUM DAY
Monday 12/19	Tuesday 12/20	Wednesday 12/21	Thursday 12/22	Friday 12/23
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
Monday 12/26	Tuesday 12/27	Wednesday 12/28	Thursday 12/29	Friday 12/30
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

Daily Vegetarian Option includes Sunbutter & Jelly Sandwich & Bean & Cheese Burrito Menu subject to change without notice; the USDA and CDE are equal opportunity providers and employers

ALL MEALS ARE FREE THROUGH MAY 26, 2023
www.pgusd.org/Departments/Food-Services

Health Department Announcement

Health Department and Area Hospitals Urge Monterey County Residents to Take Preventative Measures Against Winter Respiratory Viruses

Community Hospital of the Monterey Peninsula, Mee Memorial Healthcare System, Natividad Medical Center, Salinas Valley Memorial Hospital, and the Monterey County Health Department urge all residents to act now to protect themselves and their families against respiratory viruses circulating this holiday season, including influenza ("flu"), COVID-19, and respiratory syncytial virus (RSV). An early wave of RSV and influenza activity in California has led to increased hospitalizations among children in many places across the state, placing stress on the healthcare system.

Monterey County hospitals are not Pediatric Intensive Care Unit hospitals and are working with regional hospitals to transfer critical care pediatric patients. These critical care hospitals are also near capacity.

In at least two Monterey County hospitals, the number of pediatric patients with respiratory symptoms visiting the Emergency Departments has more than doubled. Local hospitals and the Health Department ask for everyone's help keeping our children and families safe heading into the winter season by following these five steps:

- **Get Vaccinated and Boosted.** Influenza and COVID-19 vaccines continue to provide the best protection against severe illness and death. You can get both vaccines at the same time. Everyone 6 months of age and older should get up to date on their flu and COVID-19 vaccinations now.
- **Stay Home if You Are Sick.** When you are sick, avoid close contact with others to protect them and to take the time you need to heal.
- **Wear a Mask.** There is no vaccine for RSV. Wearing a mask can significantly slow the spread of RSV and protect babies and young children who do not yet have immunity. You can spread illness before you start feeling sick. Wearing a mask in indoor public places protects others who might be more medically vulnerable.
- **Wash Your Hands.** Frequent handwashing with soap and warm water is an easy way to stay healthy and keep from spreading germs.
- **Cover Your Cough** or sneeze with your elbow, arm, or a disposable tissue to help prevent the spread of winter viruses.

Community Hospital of the Monterey Peninsula, Mee Memorial Health Care System, Natividad Medical Center, Salinas Valley Memorial Hospital, and the Monterey County Health Department urge residents to take these measures to help our hospitals have the capacity to care for all Monterey County residents this winter.

Upcoming free influenza and COVID-19 vaccination clinics for everyone 6 months of age and older:

- November 17 from 4pm to 7pm: Bay View Academy, Lower Campus, 222 Casa Verde Way, Monterey
- November 19 from 10 am to 4 pm: County of Monterey Health Department, 1270 Natividad, Salinas

El Departamento de Salud y los hospitales locales urgen a los residentes del condado de Monterey a tomar medidas preventivas contra los virus respiratorios del invierno

El Hospital Community Hospital of the Monterey Peninsula, el Mee Memorial Healthcare System, el Centro Médico Natividad, el Hospital Salinas Valley Memorial y el Departamento de Salud del Condado de Monterey urgen a todos los residentes a actuar ahora para protegerse a sí mismos y a sus familias contra los virus respiratorios que circulan en esta temporada de fiestas, incluyendo la influenza ("gripe"), el COVID-19 y el virus sincitial respiratorio (VRS). La primera ola de actividad del VRS y de la gripe en California ha provocado un aumento de las hospitalizaciones entre los niños en muchos lugares del estado, lo que ha puesto a prueba el sistema sanitario.

Los hospitales del Condado de Monterey no son hospitales de la Unidad de Cuidados Intensivos Pediátricos y están trabajando con los hospitales del área de la Bahía para trasladar a los

pacientes pediátricos de cuidados intensivos. Estos hospitales de cuidados intensivos también están cerca de su máxima capacidad.

En al menos dos hospitales del condado de Monterey, el número de pacientes pediátricos con síntomas respiratorios que visitan los departamentos de emergencia se ha duplicado. Los hospitales locales y el Departamento de Salud piden la ayuda de todos para mantener a nuestros niños y familias seguros de cara a la temporada de invierno siguiendo estos cinco pasos:

- **Vacúnate y ponte la vacuna de refuerzo.** Las vacunas contra la gripe y el COVID-19 siguen proporcionando la mejor protección contra las enfermedades graves y la muerte. Puedes ponerte las dos vacunas al mismo tiempo. Todas las personas de 6 meses en adelante deben ponerse al día con las vacunas contra la gripe y contra el COVID-19 ahora.
- **Quédate en casa si estás enfermo.** Cuando estés enfermo, evita el contacto cercano con los demás para protegerlos y para tomarte el tiempo que necesitas para curarte.
- **Utiliza una mascarilla.** No hay vacuna para el VRS. Llevar una mascarilla puede ralentizar considerablemente la propagación del VRS y proteger a los bebés y niños pequeños que aún no tienen inmunidad. La enfermedad se puede propagar antes de que empiecen los síntomas. Llevar una mascarilla en lugares públicos cerrados protege a las personas más vulnerables.
- **Lávate las manos.** Lavarse las manos con frecuencia con agua tibia y jabón es una forma sencilla de mantenerse sano y evitar la propagación de gérmenes.
- **Al toser o estornudar,** cúbrete con el codo, el brazo o un pañuelo desechable para evitar la propagación de los virus invernales.

El hospital Community Hospital of the Monterey Peninsula, el Mee Memorial Healthcare System, el centro médico Natividad, el hospital Salinas Valley Memorial y el departamento de salud del condado de Monterey urgen a los residentes a tomar estas medidas para ayudar a nuestros hospitales a tener la capacidad de atender a todos los residentes del condado de Monterey este invierno..

Próximas clínicas gratuitas de vacunación contra la influenza y COVID-19 para todas las personas de 6 meses en adelante:

- 17 de noviembre de 4pm a 7pm: Bay View Academy, Lower Campus, 222 Casa Verde Way, Monterey
- 19 de noviembre de 10 am a 4 pm: Departamento de Salud del Condado de Monterey, 1270 Natividad, Salinas

Otterly Adorable







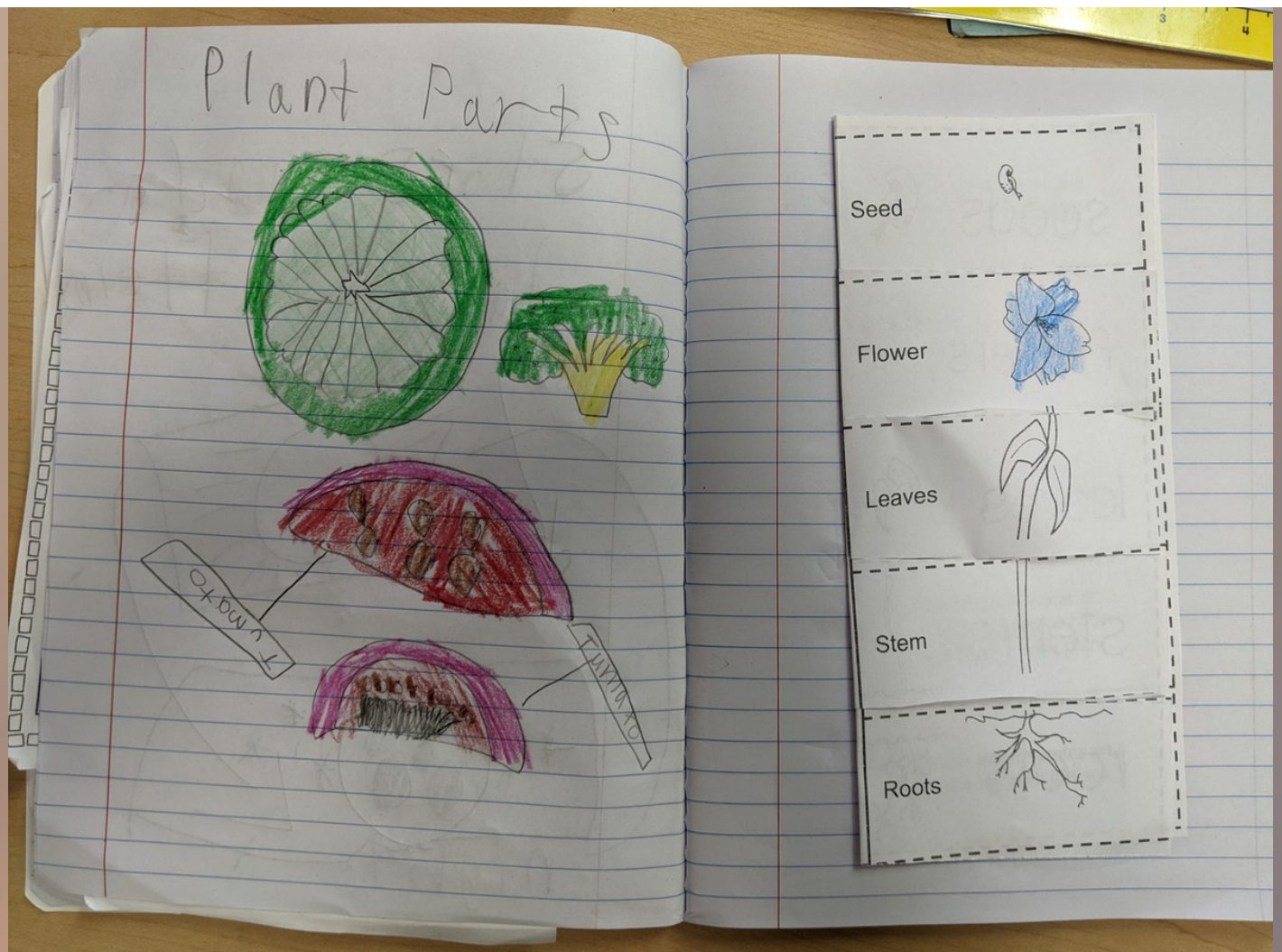












Robert Down Elementary School

Website: <https://robertdown.pgusd.org/>

Location: [485 Pine Avenue, Pacific Grove, CA, USA](#)

Phone: (831) 646-6540

RHD 5th Grade CA Healthy Kids Letter and Sample Surveys 2022-2023.pdf

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2.6 MB

Robert Down CHKS PARENT Survey Log in Letter 2022 23 English.docx.pdf

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RHD November 2022 Brick Fundraiser Fliers.pdf

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740.1 KB



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