



Robert Down Principal's Update

December 15, 2022

Principal's Message

Dear RHD Families -

As we close 2022, I want to thank all of you for making RHD such a wonderful place to work. Your students' smiles provide us the incentive to come every day, looking forward to the next adventure and natural laughter.

May your time with family and friends over Winter Break bring joy and special moments to remember. School will resume on Tuesday, January 3, 2023 as PGUSD will be observing Monday, January 2nd as a non-work day.

Please use the [RD parent survey link](#) to complete the CA Healthy Kids Survey. Send a screen shot of your finished survey to skeller@pgusd.org for a chance to win two tickets to the PG PRIDE Taste of PG!

Remember to pick up lost and found items Friday. There are LOTS of items to return to owners. Our local Girl Scout troop will be taking the items Friday afternoon to donate to charity.

A Great Gift for the Holidays!

The RHD Brick Fundraiser is now selling bricks offline only. Families can print out the attachment or come to the RHD lobby to pick up the updated fliers.

Prices have increased since the spring due to the cost of installation, but all 4 x 8 or 8 x 8 bricks are still under \$100. Tell your local business to contact me if they are interested in purchasing a brick.

Enjoy your celebrations: Happy Hanukkah, Merry Christmas, Enjoy Kwanzaa, and have a safe and festive New Year!

In Otter Ohana,

Sean Keller, RHD Principal
Google Voice (831) 275-0083
skeller@pgusd.org

RHD Upcoming Events

Dec. 16 - All Lost & Found items will be donated

Dec. 16 - Minimum Day, dismissal 12:10 PM

Dec. 17-Jan. 2 -- Winter Break, no school

Jan. 3 - Welcome Back!

RHD - Active Student COVID Cases

As of December 15



Volunteer & Chaperone Clearance

If you plan on being a **VOLUNTEER** on campus or a **CHAPERONE** for a field trip, please be sure you are fingerprint cleared with our district and submit a copy of your **COVID vaccine card** to the District Office. To make an appointment at the District Office please call Kimberly Ortiz at 646-6553.

Before coming to campus to volunteer, please check with your child's teacher to schedule a time that works best for them.



Office Reminders...

1) Please have your child to school on time. Gates open at 8:30 AM. Warning bell rings at 8:40 AM. **Final bell rings and instruction begins at 8:45 AM.** When a student is tardy it is disruptive to the office and classroom. In addition, students miss important information and announcements from their teacher first thing in the morning.

2) Did you know that you can report your child's absence with your ParentVUE app? Simply log into your ParentVUE account to send the office a message about why your child is absent.

*** Ways to report a student absent ***

- a) ParentVUE app
- b) 24 Hour Absence Line (831) 646-6663
- c) Email Carey O'Sullivan at cosullivan@pgusd.org

3) Please make sure to relay afterschool plans with your child **PRIOR** to the school day. The office and teachers are getting phone calls and emails from parents daily about what their child should do after school. This is disruptive.

Robert Down Birthday Books

This notice is to tell you about our ***voluntary*** program designed to build the RHD library and foster your child's love of reading.

Here is how it works: To join the Robert H. Down Birthday Book Club fill out the information below (scroll way down to the bottom of this message to print the Birthday Book forms) and deposit it in the Drop Box at school along with a check for \$20.00 (please make the check payable to the P.G.U.S.D. and write R.H.D. Birthday Book on the memo line).

When your child's birthday month comes around Ms. Scanlon will present a new book in honor of your child's birthday. Your child will be the first one to check out and read the book that has been donated to the library to celebrate their birthday. A bookplate with your child's name will be affixed to the inside cover for all future readers to appreciate.



Birthday Book Club.pdf

[Download](#)



ToolboxParentWkshopHandout.pdf

[Download](#)

885.8 KB

[CLICK HERE to ORDER RHD Spirit Wear](#)

Health Department Announcement

Health Department and Area Hospitals Urge Monterey County Residents to Take Preventative Measures Against Winter Respiratory Viruses

Community Hospital of the Monterey Peninsula, Mee Memorial Healthcare System, Natividad Medical Center, Salinas Valley Memorial Hospital, and the Monterey County Health Department urge all residents to act now to protect themselves and their families against respiratory viruses circulating this holiday season, including influenza (“flu”), COVID-19, and respiratory syncytial virus (RSV). An early wave of RSV and influenza activity in California has led to increased hospitalizations among children in many places across the state, placing stress on the healthcare system.

Monterey County hospitals are not Pediatric Intensive Care Unit hospitals and are working with regional hospitals to transfer critical care pediatric patients. These critical care hospitals are also near capacity.

In at least two Monterey County hospitals, the number of pediatric patients with respiratory symptoms visiting the Emergency Departments has more than doubled. Local hospitals and the Health Department ask for everyone’s help keeping our children and families safe heading into the winter season by following these five steps:

- **Get Vaccinated and Boosted.** Influenza and COVID-19 vaccines continue to provide the best protection against severe illness and death. You can get both vaccines at the same time. Everyone 6 months of age and older should get up to date on their flu and COVID-19 vaccinations now.
- **Stay Home if You Are Sick.** When you are sick, avoid close contact with others to protect them and to take the time you need to heal.
- **Wear a Mask.** There is no vaccine for RSV. Wearing a mask can significantly slow the spread of RSV and protect babies and young children who do not yet have immunity. You can spread illness before you start feeling sick. Wearing a mask in indoor public places protects others who might be more medically vulnerable.
- **Wash Your Hands.** Frequent handwashing with soap and warm water is an easy way to stay healthy and keep from spreading germs.
- **Cover Your Cough** or sneeze with your elbow, arm, or a disposable tissue to help prevent the spread of winter viruses.

Community Hospital of the Monterey Peninsula, Mee Memorial Health Care System, Natividad Medical Center, Salinas Valley Memorial Hospital, and the Monterey County Health Department urge residents to take these measures to help our hospitals have the capacity to care for all Monterey County residents this winter.

Upcoming free influenza and COVID-19 vaccination clinics for everyone 6 months of age and older:

- November 17 from 4pm to 7pm: Bay View Academy, Lower Campus, 222 Casa Verde Way, Monterey
- November 19 from 10 am to 4 pm: County of Monterey Health Department, 1270 Natividad, Salinas

El Departamento de Salud y los hospitales locales urgen a los residentes del condado de Monterey a tomar medidas preventivas contra los virus respiratorios del invierno

El Hospital Community Hospital of the Monterey Peninsula, el Mee Memorial Healthcare System, el Centro Médico Natividad, el Hospital Salinas Valley Memorial y el Departamento de Salud del Condado de Monterey urgen a todos los residentes a actuar ahora para protegerse a sí mismos y a sus familias contra los virus respiratorios que circulan en esta temporada de fiestas, incluyendo la influenza ("gripe"), el COVID-19 y el virus sincitial respiratorio (VRS). La primera ola de actividad del VRS y de la gripe en California ha provocado un aumento de las hospitalizaciones entre los niños en muchos lugares del estado, lo que ha puesto a prueba el sistema sanitario.

Los hospitales del Condado de Monterey no son hospitales de la Unidad de Cuidados Intensivos Pediátricos y están trabajando con los hospitales del área de la Bahía para trasladar a los pacientes pediátricos de cuidados intensivos. Estos hospitales de cuidados intensivos también están cerca de su máxima capacidad.

En al menos dos hospitales del condado de Monterey, el número de pacientes pediátricos con síntomas respiratorios que visitan los departamentos de emergencia se ha duplicado. Los hospitales locales y el Departamento de Salud piden la ayuda de todos para mantener a nuestros niños y familias seguros de cara a la temporada de invierno siguiendo estos cinco pasos:



- **Vacúnate y ponte la vacuna de refuerzo.** Las vacunas contra la gripe y el COVID-19 siguen proporcionando la mejor protección contra las enfermedades graves y la muerte. Puedes ponerte las dos vacunas al mismo tiempo. Todas las personas de 6 meses en adelante deben ponerse al día con las vacunas contra la gripe y contra el COVID-19 ahora.
- **Quédate en casa si estás enfermo.** Cuando estés enfermo, evita el contacto cercano con los demás para protegerlos y para tomarte el tiempo que necesitas para curarte.
- **Utiliza una mascarilla.** No hay vacuna para el VRS. Llevar una mascarilla puede ralentizar considerablemente la propagación del VRS y proteger a los bebés y niños pequeños que aún no tienen inmunidad. La enfermedad se puede propagar antes de que empiecen los síntomas. Llevar una mascarilla en lugares públicos cerrados protege a las personas más vulnerables.
- **Lávate las manos.** Lavarse las manos con frecuencia con agua tibia y jabón es una forma sencilla de mantenerse sano y evitar la propagación de gérmenes.
- **Al toser o estornudar,** cúbrete con el codo, el brazo o un pañuelo desechable para evitar la propagación de los virus invernales.

El hospital Community Hospital of the Monterey Peninsula, el Mee Memorial Healthcare System, el centro médico Natividad, el hospital Salinas Valley Memorial y el departamento de salud del condado de Monterey urgen a los residentes a tomar estas medidas para ayudar a nuestros

hospitales a tener la capacidad de atender a todos los residentes del condado de Monterey este invierno..

Próximas clínicas gratuitas de vacunación contra la influenza y COVID-19 para todas las personas de 6 meses en adelante:

- 17 de noviembre de 4pm a 7pm: Bay View Academy, Lower Campus, 222 Casa Verde Way, Monterey
- 19 de noviembre de 10 am a 4 pm: Departamento de Salud del Condado de Monterey, 1270 Natividad, Salinas

<div>  Pacific Grove Unified School District  </div>				
JANUARY 2023 Elementary School Menu				
Breakfast				
Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Raisins / Craisins / Apple Crisps Milk	Mini Cinnis Raisins / Craisins / Apple Crisps Milk	Concha/Pan Dulce (Mexican sweet bread) 100% Fruit Juice Milk	Cereal Raisins / Craisins / Apple Crisps Milk	Chocolate Muffin 100% Fruit Juice Milk
Lunch				
Monday 1/2	Tuesday 1/3	Wednesday 1/4	Thursday 1/5	Friday 1/6
NO SCHOOL	Turkey Taco Nada Corn Fruit Cup Milk Cheez-its	Orange Chicken Steamed Rice Mixed Veggies Fresh Fruit Milk	Build-a-Burger (all-beef or veggie patty) plain or with cheese, lettuce & pickles Baked Beans 100% Fruit Juice Milk	Domino's Cheese Pizza Side Salad Fresh Fruit Milk
Monday 1/9	Tuesday 1/10	Wednesday 1/11	Thursday 1/12	Friday 1/13
Bean & Cheese Pupusa Carrots w/ Tajin Fruit Cup Milk	Brunch for Lunch Buttermilk Pancakes served with syrup Turkey Sausages Home Fries Fresh Fruit Milk	Meatballs & Marinara (beef meatballs) Texas Toast Green Beans Fresh Fruit Milk	Grilled Chicken Sandwich or Veggie Burger Baked Beans 100% Fruit Juice Milk	Domino's Cheese Pizza Side Salad Fresh Fruit Milk
Monday 1/16	Tuesday 1/17	Wednesday 1/18	Thursday 1/19	Friday 1/20
Martin Luther King, Jr. Day NO SCHOOL	Crispy Chicken Sandwich (NAE whole-muscle breaded filet) Sweet Potato Tots Peach Slices Milk	Chicken Tamale (mild green chili sauce; allergen-free) Refried Beans Fresh Fruit Milk Tortilla Chips	Build-a-Burger (all-beef or veggie patty) plain or with cheese, lettuce & pickles Corn 100% Fruit Juice Milk	Domino's Cheese Pizza Side Salad Fresh Fruit Milk
Monday 1/23	Tuesday 1/24	Wednesday 1/25	Thursday 1/26	Friday 1/27
Mozzarella Stuffed Breadsticks with marinara sauce Green Beans Applesauce Milk	Chicken Drumstick & Biscuit (NAE drumstick) Sweet Potato Tots Fresh Fruit Milk	Meatloaf & Garlic Toast Corn Peach Slices Milk	Grilled Chicken Sandwich or Veggie Burger Baked Beans 100% Fruit Juice Milk Mini Chocolate Chip Cookies	Domino's Cheese Pizza Side Salad Fresh Fruit Milk
Monday 1/30	Tuesday 1/31			
Macaroni & Cheese Garlic Breadstick Green Beans Fresh Fruit Milk	Chicken & Waffle (NAE chicken served with syrup) Corn Fresh Fruit Milk			

Daily Vegetarian Option includes Sunbutter & Jelly Sandwich & Bean & Cheese Burrito Menu subject to change without notice; the USDA and CDE are equal opportunity providers and employers

ALL MEALS ARE FREE THROUGH MAY 26, 2023
www.pgusd.org/Departments/Food-Services

Otterly Adorable



Robert Down Elementary School

Website: <https://robertdown.pgusd.org/>

Location: [485 Pine Avenue, Pacific Grove, CA, USA](#)

Phone: (831) 646-6540

RHD 5th Grade CA Healthy Kids Letter and Sample Surveys 2022-2023.pdf

[Download](#)

2.6 MB

Robert Down CHKS PARENT Survey Log in Letter 2022 23 English.docx.pdf

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92.7 KB

Robert Down CHKS PARENT Survey Log in Letter 2022 23 Spanish.docx.pdf

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2022-23 Pricing Letter to Households.pdf

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BUS-PASSapplication - 22-23.doc

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Allergy Alert Letter K-2.pdf

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RHD November 2022 Brick Fundraiser Fliers.pdf

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740.1 KB



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