## **Robert Down Principal's Update**

November 9, 2023

Principal's Message

Dear RHD Families,

## **RUBY BRIDGES WALK TO SCHOOL DAY:**

Watch the invitation video: https://watch.screencastify.com/v/dS5GLmHqYvbPpUwtVtjF

Join RHD staff and families as we gather together to stand up to bullying and acts of racism on **Tuesday, November 14, 2023.** Three locations will be available to **check in for the walk starting at 8:00 AM**: 1) George Washington Park, 2) Caledonia Park, and 3) The upper parking lot of First Awakenings restaurant at the corner of David and Lighthouse (FYI, they open at 7:00 AM for those interested).

Sign up for the location of your preference. <u>https://forms.gle/JiUNKEaYzikGLtNE7</u> Please indicate if you will be walking with a group and if your student(s) need(s) a chaperone to walk to school.

Plan to wear purple or order a commemorative shirt from the Ruby Bridges Foundation website (link below). We'd like to see as many students and their parents participate as possible. Please indicate in the sign up if another parent/guardian will be participating with your child(ren).

Tie-string bags, flags, stickers, buttons, and wristbands will be handed out while supplies last and organized for those students that sign up.

## Walk will begin at 8:10 AM sharp at all three locations.

All three groups will meet in front of the steps for a yearbook picture before school begins.

Feel free to reach out to Principal Sean Keller with any questions: 831-275-0083

## https://rubybridges.foundation/

#### **RHD Veterans Day Assembly Video Link:**

https://drive.google.com/file/d/1ybjK\_3MBid6P1JfYK1wWm2pol4xCrAby/view?usp=sharing Thank you to the veterans and service members that were able to attend our annual Veterans Day Assembly yesterday. It was an honor to host you all and spend a moment to remember those that did not make it home while serving our country. Thank you for your service and sacrifices you have made to keep our country a safe place to raise our children.

#### **DIWALI CELEBRATION**

Thank you to Nikita McKinder and Summayya Zahra for organizing our lunchtime Diwali celebration today as well as decorating the lobby last week. The students had tons of fun working with the clay and creating beautiful art in the lunch area. The clay will dry over this weekend and students can pick up their artwork at the top of the Ottertorium on the table so they can paint their creation and place a tea light candle in them to celebrate the new year. Please send pics to your student's teacher or text/email Principal Keller directly: <a href="mailto:skeller@pgusd.org">skeller@pgusd.org</a> or (831) 275-0083.

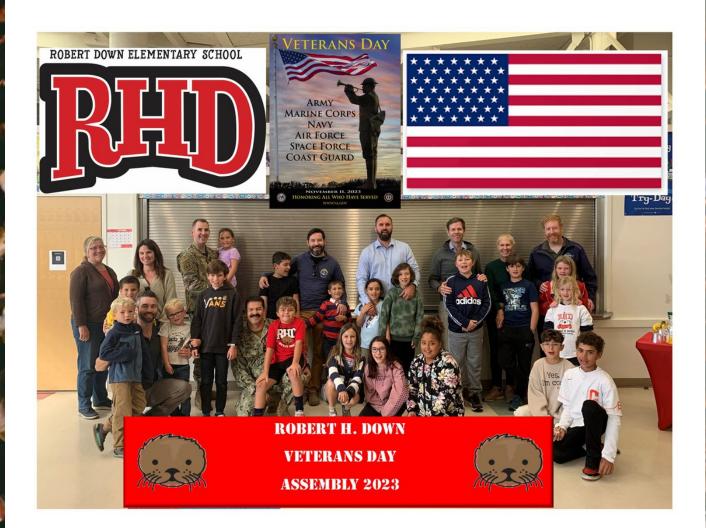
#### **NEW WINTER PROGRAM DATE!!**

Mark your calendars! Our school wide Winter Program has been changed from December 5 to **December 21**. This event will take place at the PGHS Stadium at 6:00 PM.

**SCHOOL PHOTOS**: School photos were sent home last week. If you're missing anything, or have a question please call Premier Studios directly at 888-274-3686 or 559-274-9231. Picture retake day will be January 18, 2024.

In Otter Ohana,

Sean Keller, RHD Principal Google Voice (831) 275-0083 <u>skeller@pgusd.org</u>





## **RHD Upcoming Events**

November 10 - Veterans Day Holiday, No School November 14 - Ruby Bridges Walk to School Day November 15 - PTA Dine Out, Islands, 4:00-10:00 PM November 16 - Parenting with Purpose Workshop: Childhood Stress & Anxiety, 9:00 AM November 21 - Cocoa with Keller, 6:30 PM November 22 - Minimum Day, 12:10 dismissal November 23-24 - Thanksgiving Holiday, No School

**December 13** - PTA Dine Out, California Pizza Kitchen, 4:00-9:00 PM **December 21** - Winter Program, PGHS Stadium, 6:00 PM



1) Please have your child to school on time. Gates open at 8:30 AM. Warning bell rings at 8:40 AM. **Final bell rings and instruction begins at 8:45 AM**. When a student is tardy it is disruptive to the office and classroom. In addition, students miss important information and announcements from their teacher first thing in the morning.

2) Did you know that you can report your child's absence with your ParentVUE app? Simply log into your ParentVUE account to send the office a message about why your child is absent.

\* Ways to report a student absent \*

a) ParentVUE app b) 24 Hour Absence Line (831) 646-6663 c) Email Annie Deis at <u>adeis@pgusd.org</u>

3) Please make sure to relay afterschool plans with your child <u>**PRIOR**</u> to the school day. The office and teachers are getting phone calls and emails from parents daily about what their child should do after school. This is disruptive.



## **Volunteer & Chaperone Clearance**

If you plan on being a **VOLUNTEER** on campus or a **CHAPERONE** for a field trip, please be sure you are fingerprint cleared with our district. To make an appointment at the District Office please contact Bree Nehring by calling 607-8892 or emailing <u>bnehring@pgusd.org</u>

Before coming to campus to volunteer, please check with your child's teacher to schedule a time that works best for them.

## **Robert Down Birthday Books**

This notice is to tell you about our *voluntary* program designed to build the RHD library and foster your child's love of reading.

<u>Here is how it works</u>: To join the Robert H. Down Birthday Book Club fill out the information below (scroll way down to the bottom of this message to print the Birthday Book forms) and deposit it in the Drop Box at school along with a check for \$20.00 (please make the check payable to the P.G.U.S.D. and write R.H.D. Birthday Book on the memo line).

When your child's birthday month comes around Ms. Scanlon will present a new book in honor of your child's birthday. Your child will be the first one to check out and read the book that has been



donated to the library to celebrate their birthday. A bookplate with your child's name will be affixed to the inside cover for all future readers to appreciate.



## Birthday Book Club.pdf

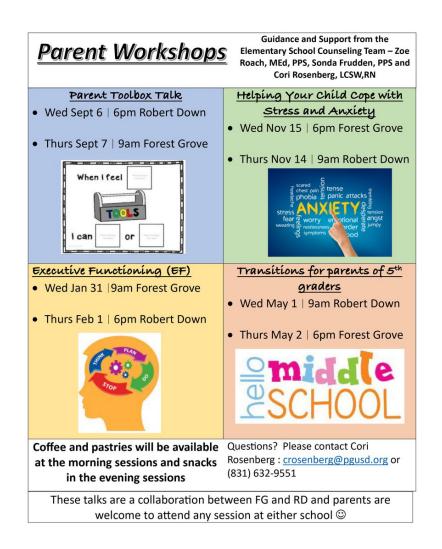
Download 280.3 KB

## **Flyers**



This is not an activity of the school or the school district.

# RUBY BRIDGES VOUS BRIDGES SCHOOL DAY NOVEMBER 14



## Parenting with Purpose Workshop: Childhood Stress & Anxiety



Guidance from the Elementary School Counseling Team – Zoe Roach, MEd, PPS, Sonda Frudden, PPS & Cori Rosenberg, LCSW, RN

#### Wednesday, November 15 @ 6pm – Forest Grove Thursday, November 16 @ 9am – Robert Down All parents are welcome to attend at either school, day & time



Questions or comments? Contact Cori Rosenberg @ crosenberg@pgusd.org



Just present this flyer to your server (or show it on your mobile device) and Islands will donate 20% of your food and beverage purchases back to Robert Down Elementary PTA.

Dine-In or Take-Out. Order online at www.islandsrestaurants.com

## Date: Wednesday, November 15th, 2023 Time: 4pm to close Location: Islands Monterey

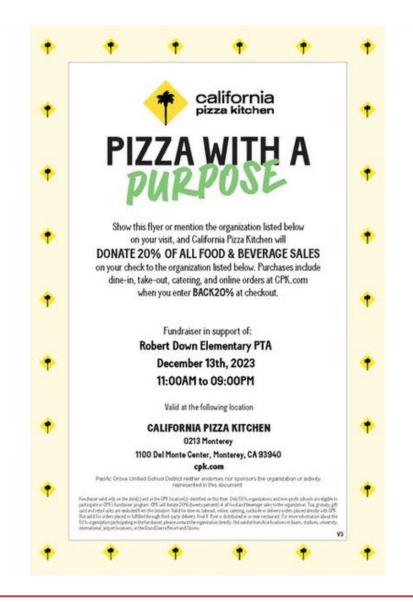
300 Del Monte Center • (831) 655-1552 #ISLANDSBURGERS

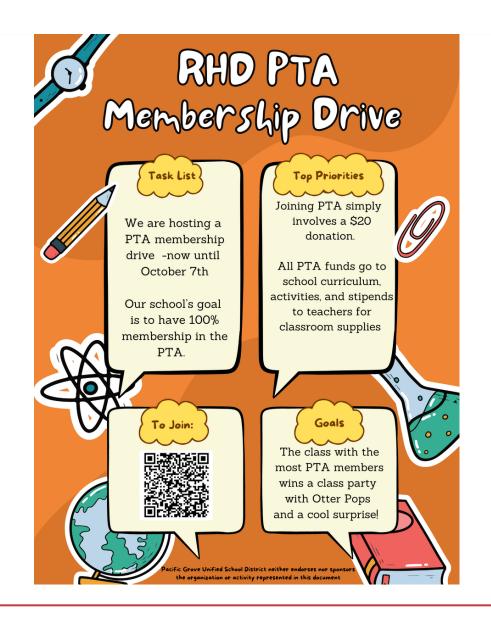
Not valid with any coupon, offer, discount or third party delivery. Proceeds exclude gratuity and tax.

Craft burgers, fresh-cut fries, salads & tacos. Bring your family and friends to Islands, and help raise money for Robert Down Elementary PTA. Pacific Grove Unified School District neither endorses nor sponsors the organization or activity represented in this document.



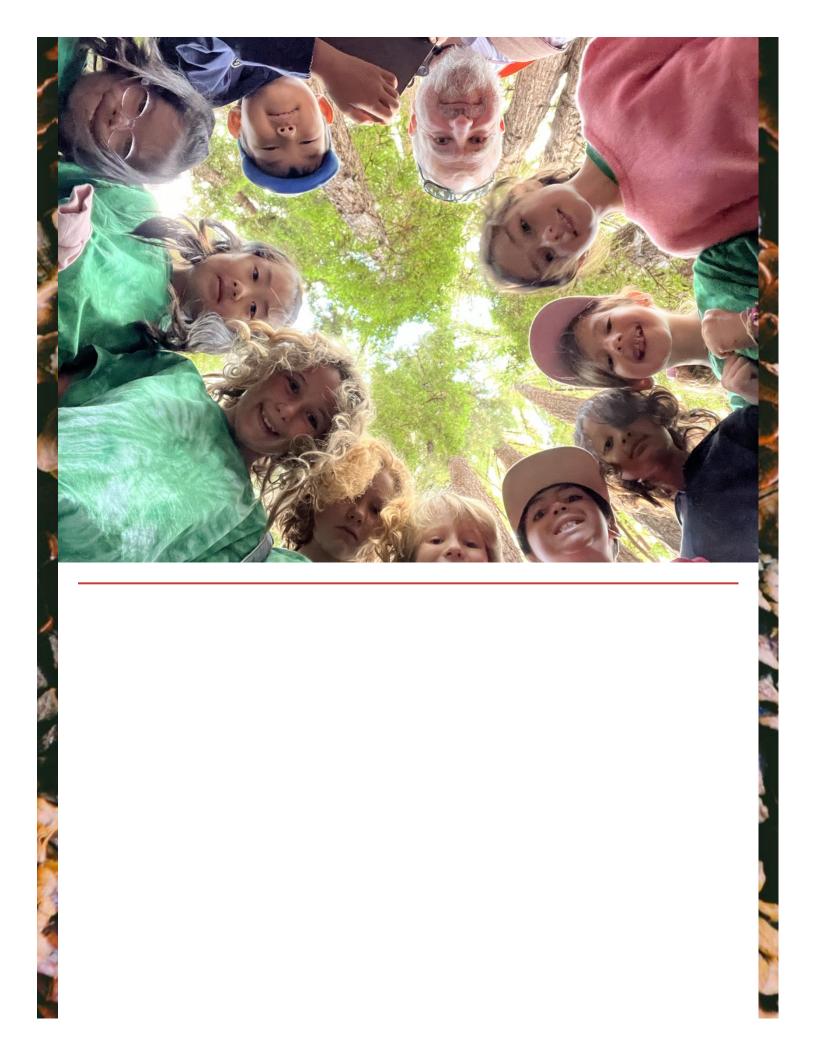
© 2018 blanch Restaurants, L.P.

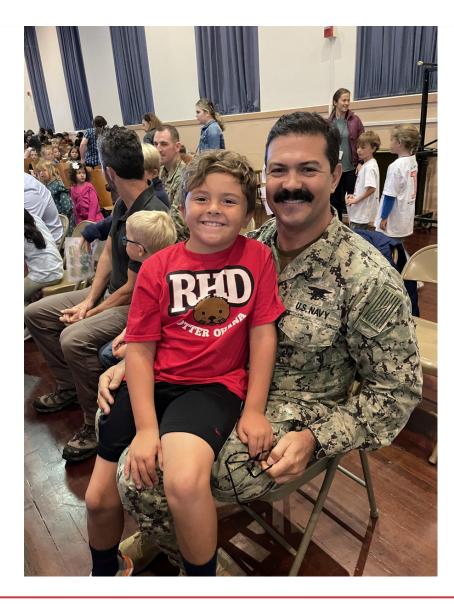




## **CLICK HERE to ORDER RHD Spirit Wear**

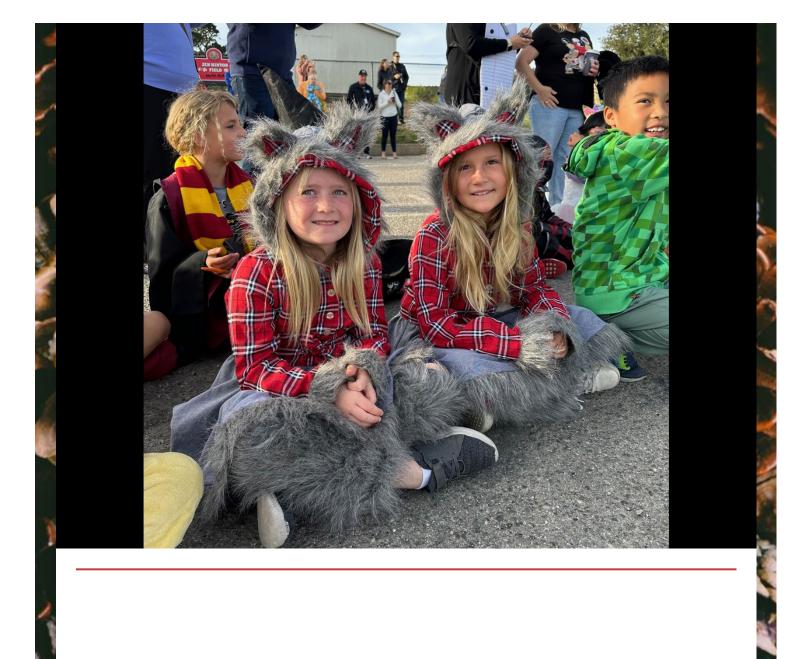
## **Otterly Adorable**

















Allergy Alert Letter August 2023.docx.pdf

Download 520.1 KB

#### Hello Robert Down Families,

This year, we have some schoolmates in grades 2 through 5 with life-threatening allergies to eggs, tree nuts, peanuts, and milk requiring Epi-Pen treatment if exposed to eggs and foods containing tree nuts, peanuts, and milk. To maintain the highest level of safety, all of the 2nd grade classrooms will be <u>compulsory</u> egg, tree nut, and peanut-free classrooms. We ask that all Second Grade classroom families not send foods to school with their child which contain tree nuts, peanuts, and eggs.

Mr. Keller will be discussing with all grade levels the importance of being safe at the lunch tables and not playing with milk cartons by purposely pouring liquids onto trays, onto the table tops or ground, and not stomping on cartons to hear them "pop". He will also share with students the importance of using hand wipes or washing hands after eating any food allergy products to keep playground equipment safe for all students.

The best way to determine if foods are allergy-free snacks is to read the label since most brands have a warning statement or allergen list. Be aware of phrases like this:

May Contain Peanuts
Processed on shared equipment with Peanuts
Manufactured in a facility that also processes Peanuts
Contains Peanut or Peanut Ingredients



In addition, we will encourage students to care for their food properly at school by not not sharing food with others, not throwing food, and not carelessly spilling food onto others in order to eliminate food allergy exposure and cross contamination in eating areas shared by multiple grade levels.

The following resource link and attachment can assist you in teaching your children how to support friends with allergies and how to keep them safe.

https://community.kidswithfoodallergies.org/blog/8-ways-to-teach-children-about-food-allergies

Please feel free to contact me with any questions.

Thank you very much,

Katrina

Katrina Powley, RN, BSN, CSN District School Nurse Pacific Grove Unified School District kpowley@pgusd.org Google Voice: (831) 275-5396

## How To AVOID a Food Allergy REACTION

The only way to AVOID having an allergic reaction is to AVOID THE FOOD YOU'RE ALLERGIC TO. That's why it's important to follow these rules.



Wash your hands before eating.

Don't share food or drinks.



Read labels twice or ask an adult. NO LABEL? DON'T EAT IT!

Always tell whoever is making your food about your food allergy.



Don't take chances. If you don't know what's in your food, DON'T EAT IT.



## Food Allergy MYTHS

FARE FoodAlliergy.org

someone with a

food allergy, even a

small amount of a food

MYTH: Eating a little bit of a food you're allergic to won't hurt.

MYTH: Peanut allergy

is the most dangerous food allergy. allergen can cause a serious allergic reaction. T: Any food can cause an allergic

FACT: Any food can cause an allergic reaction. No single food allergy is more dangerous than another.

MYTH: Food allergies are not serious.

FACT: Food allergies are VERY serious. People with food allergies must be careful about what they eat all the time and always be prepared for an allergic reaction.

MYTH: A food allergy always develops in childhood, then you're stuck with it for life.

FACT: A person can develop a food allergy anytime, even as an adult. Kids may outgrow a food allergy, especially allergies to milk, egg, soy, and wheat.



## **SmartSocial**

## **Screen Time Events from SmartSocial**

• Using Screen Time to Support Positive Student Behaviors on Campus and At Home - VIP Event, November 14th & 15th

## **Virtual Parent Night Event**

In today's digital world, screens are an integral part of our lives, offering boundless opportunities for learning and leisure. But how can we ensure that screen time is a source of joy and not a thief of it?

This event is designed for parents, students, and educators. We will be sharing insights, tips, and tools to make the most of screen time while reducing its potential downsides.



#### **AI Parent Training For Students**

The SmartSocial Parent, Teacher & Counselor forum will teach you the hidden safety features of TikTok, Snapchat, Instagram, Fortnite, Netflix, YouTube & More

☑ smartsocial.com

# Making Screen Time Fun

while reducing the negative impact

Live Virtual Event Taught by Students & Experts

- IT - CO		X	S P	1		
NOV	-2023-	-	WEDNESDAY	THURSDAY	FRIDAY	
		- N &	1 Teriyaki Chicken & Rice	2 Cheeseburger/ Hamburger	3 Domino's Cheese or Pepperoni	
	<u>k</u> k		Bean & Cheese Burrito	Cheese Quesadillas	Deli Sandwich	
	MONDAY	TUESDAY	Broccoli Fresh Fruit	Pinto Bean Fresh Fruit	Side Salad Fresh Fruit	
Pacific Grove	6 Chicken Tamale	7 Crispy Chicken Sandwich	8 Orange Chicken & Rice	9 Cheeseburger/ Hamburger	10	
Unified School	Crunchy Beef Tacos	Cheese Lasagna	Grilled Cheese Sandwich	Bean & Cheese Nacho	NO SCHOOL	
District Elementary Menu	Refried Beans Fresh Fruit	Roasted Carrot & Tomato Fresh Fruit	Broccoli Fresh Fruit	Tater Tots or Corn Fresh Fruit		
BREAKFAST Cereal Variety Offered Daily	13 Mozzarella Stuffed Breadsticks w/ Marinara	14 Crispy Chicken Sandwich	15 Teriyaki Chicken & Rice	16 Cheeseburger/ Hamburger	17 Domino's Cheese or Pepperoni	
Monday: Mini Maple Pancakes	Chicken Drumstick & Mashed Potato	Macaroni & Cheese	Bean & Cheese Burrito	Cheese Quesadillas	Deli Sandwich	
Tuesday: Cinnamon Bun	Corn Fresh Fruit	Carrot Fresh Fruit	Broccoli Fresh Fruit	Pinto Bean Fresh Fruit	Side Salad Fresh Fruit	
Wednesday: Muffin Tops	20 Chicken Tamale	21 Crispy Chicken Sandwich	22 Orange Chicken & Rice	23	24	
Thursday: Breakfast Granola Round	Crunchy Beef Tacos	Cheese Lasagna	Grilled Cheese Sandwich	NO SCHOOL	NO SCHOOL	
Friday: Concha	Refried Beans Fresh Fruit	Roasted Carrot & Tomato Fresh Fruit	Broccoli Fresh Fruit			
Served with Whole Fruits or 100 %	27 Mozzarella Stuffed Breadsticks w/ Marinara	28 Crispy Chicken Sandwich	29 Teriyaki Chicken & Rice	30 Cheeseburger/ Hamburger	TAK	
Fruit Juice All Meals FREE for ALL Students	Chicken Drumstick & Mashed Potato	Macaroni & Cheese	Bean & Cheese Burrito	Cheese Quesadillas		
Gluten Free Alternative Breads & Items Available at Each Site as Needed	Corn Fresh Fruit	Carrot Fresh Fruit	Broccoli Fresh Fruit	Pinto Bean Fresh Fruit	· fire 1	



## **Every Otter SWIMS - RHD Behavior Expectations**

Robert H. Down Elementary Behavioral Expectations Every Otter SWIMS									
<b>S</b> how Respect	<ul> <li>Walk Slowly on the right side</li> <li>Use positive words with others</li> <li>Respect the space and needs of others</li> </ul>	<ul> <li>Stay Seated</li> <li>Stay in a single file line while waiting</li> <li>Keep your hands and feet to yourself</li> <li>Ask permission</li> </ul>	<ul> <li>Show good sports- manship</li> <li>Use appropriate language</li> <li>Respect the space and needs of others</li> </ul>	<ul> <li>Arrive on time</li> <li>Follow the rules if riding the bus/using bike/scooter</li> <li>Use crosswalks</li> <li>Be safe on sidewalks</li> </ul>	<ul> <li>Speak and listen carefully</li> <li>Clean up work areas and desk area</li> <li>Let the little things go</li> <li>Show gratitude</li> </ul>	<ul> <li>Please and Thank You</li> <li>Using Your Words</li> <li>Garbage Can</li> <li>Be Safe</li> </ul>			
<b>W</b> ork Hard	<ul> <li>Be quiet while in transition</li> <li>Make good decisions</li> <li>Keep school clean</li> <li>Voice Level: 0</li> </ul>	<ul> <li>Use manners</li> <li>Sit with others and get to know new people</li> <li>Keep school clean</li> <li>Voice Levels: 0-2</li> </ul>	<ul> <li>Walk on blacktops at all times</li> <li>Be a problem solver</li> <li>Try all games/areas</li> <li>Voice Level: 3</li> </ul>	<ul> <li>Wait outside with patience</li> <li>Enter building quietly and in your line</li> <li>Voice Level: 0-2</li> </ul>	<ul> <li>Embrace academic struggle</li> <li>Listen with your eyes, ears, and heart</li> <li>Voice Level: 0-2</li> </ul>	<ul> <li>Patience</li> <li>Listening</li> <li>Breathing</li> <li>Perseverance/Grit</li> </ul>			
<b>I</b> ncrease Integrity	<ul> <li>Go directly where you need to be</li> <li>Be honest and respectful with peers and adults</li> <li>Keep restrooms clean</li> </ul>	<ul> <li>Raise your hand for assistance</li> <li>Be prepared to eat &amp; don't leave any items inside building</li> <li>Cleanup after yourself</li> </ul>	<ul> <li>Admit when it is not your turn or are out</li> <li>Follow game rules and do not make up new ones</li> <li>Praise others for their play</li> </ul>	<ul> <li>Have all your needed materials</li> <li>Be aware of responsi- bilities and behavior expectations for all activities</li> </ul>	<ul> <li>Be engaged during instruction</li> <li>Be prompt, prepared, and ready to learn</li> <li>Do your own work and not depend on AI/technology</li> </ul>	<ul> <li>Apology &amp; Forgiveness</li> <li>Empathy</li> <li>Be Kind</li> </ul>			
<b>M</b> ake a Difference	<ul> <li>Keep hands and feet to yourself</li> <li>Show genuine care for RHD</li> <li>Respect the space and needs of others</li> </ul>	<ul> <li>Eat all your food to reduce waste</li> <li>Separate food scraps, recycling, &amp; waste</li> <li>Respect all staff members providing direction</li> </ul>	<ul> <li>Walk away from a conflict and inform an adult</li> <li>Show genuine care for others—look out for the Buddy Bench</li> </ul>	<ul> <li>Respect all staff mem- bers providing direc- tion</li> <li>Make safe decisions while walking/riding to and from school</li> </ul>	<ul> <li>Care for equipment and supplies</li> <li>Clean up work areas and desk area</li> <li>Take risks and learn new things</li> </ul>	<ul> <li>Taking Time</li> <li>Personal Space</li> <li>Quiet Safe Place</li> <li>Be Your Personal Best Every Day</li> </ul>			
<b>S</b> tand Up for Yourself and Others	<ul> <li>Do the right thing</li> <li>Share if someone is making a mess or does not flush</li> <li>Respect others' stuff</li> </ul>	<ul> <li>Do the right thing when no one is watching</li> <li>Bring food that does not cause allergic reactions, especially PB &amp; J</li> </ul>	<ul> <li>Tell the truth and accept the results</li> <li>Seek assistance to resolve problems: Stop, Walk, Talk</li> </ul>	<ul> <li>Walk and be safe inside or outside buildings</li> <li>Ask an adult staff member for help if someone needs a ride</li> </ul>	<ul> <li>Include all students in groups and activities</li> <li>Give your best effort on homework</li> <li>Try new ways to learn</li> </ul>	<ul> <li>Courage</li> <li>Be an Upstander</li> <li>Looking Out (for Others) Tool</li> </ul>			

## **Robert Down Elementary School**

Website: <u>https://robertdown.pgusd.org/</u> Location: <u>485 Pine Avenue, Pacific Grove, CA, USA</u> Phone: (831) 646-6540

**Robert Down Elementary School** is using Smore to create beautiful newsletters

n School or

ROBERT H. DOWN Elementary School



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Create a newsletter

