



#### Principal's Message

Dear RHD Families -

Gratitude and thanks goes out to our PTA for last weekend's Bike Rodeo. Thank you for continuing a great tradition that dedicates itself to fun and safety.

Speaking of traditions, next week PGUSD will be celebrating our annual Butterfly Parade and Bazaar on Saturday, October 7th. The parade line up occurs from 10:00 A.M. until 10:20 A.M. The parade begins at 10:30 A.M. with participants from RHD, Forest Grove, and PGHS. The PGMS band will play on Jen Hinton Field after the parade. There are lots of fun

activities in store for students along with food vendors and merchandise for sale. I look forward to see everyone out having a good time.

Please see the line up map below along with the pick up location for your student(s). Restrooms will be available outside of the main building. If there are any issues, please do not hesitate to call my number.

#### **RHD Site Council**

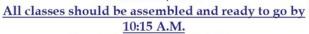
We still are in need of more parents for Site Council. Please join our next session on Monday, October 23rd from 3:30-4:30: Join Zoom Meeting: <a href="https://pgusd.zoom.us/j/86934823877">https://pgusd.zoom.us/j/86934823877</a>

In Otter Ohana,

Sean Keller, RHD Principal Google Voice (831) 275-0083 <a href="mailto:skeller@pgusd.org">skeller@pgusd.org</a>



#### Butterfly Parade Line Up October 7, 2023





#### Parade begins at 10:30 A.M.

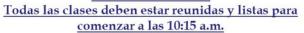
	Pine Avenue at F	ountain Avenue	200	
1	PG Polic	1		
2	McDaniel TK	Kelly K	2	
3	Sweeny/Menczkowski K	Sweeny/Menczkowski K Renteria/Smith K		
4	Wright K	Wright K Chavez K		
5	Luciano 1st	Luciano 1st Perkins 1st		
6	Miller 1st	Miller 1st Evans 1st		
7	Fadem 2nd	Fadem 2nd McNickle/Spadoni 1st		
8	Cina 2nd	Gilmore 2nd	8	
9	Patel 2nd	Johnson 2nd	9	
10	Welch/Nelson 2nd	Darnell 2nd	10	
11	Flores 3rd	Perlstein 3rd	11	
12	Gordon 3rd	Jones 3rd	12	
13	Andersen 3rd	Ibrahim 3rd	13	
14	Serpa 4th	Bingham 4th	14	
15	San Flippo 4th	Pechan 4th	15	
16	Woods 4th	Brockmeyer 4th	16	
17	Dempsey 5th	Hober 5th	17	
18	Condit 5th Dacuyan 5th		18	
19	Montgomery 5th Hiserman 5th		19	
20	PGHS	20		
21	PGHS Breaker Band		21	
22	PGHS Bre	22		
23	PGHS A	23		
24	PGHS	24		
25	PGHS A	25		

FG and RHD students meet families at classroom start of parade number or on grass in front of RHD Any missing parents/students call Sean Keller at (831) 275-0083.

#### PACIFIC GROVE UNIFED SCHOOL OBTRICT APARTICISHED IN POCELENCE

#### Alineación del desfile de mariposas

#### 7 de octubre de 2023

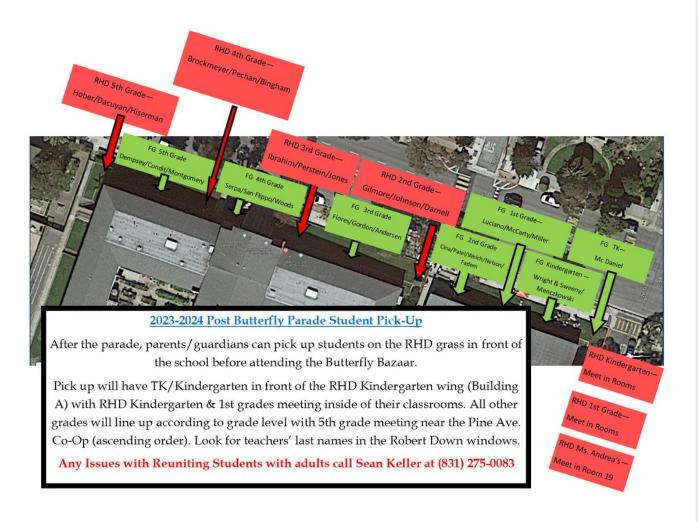


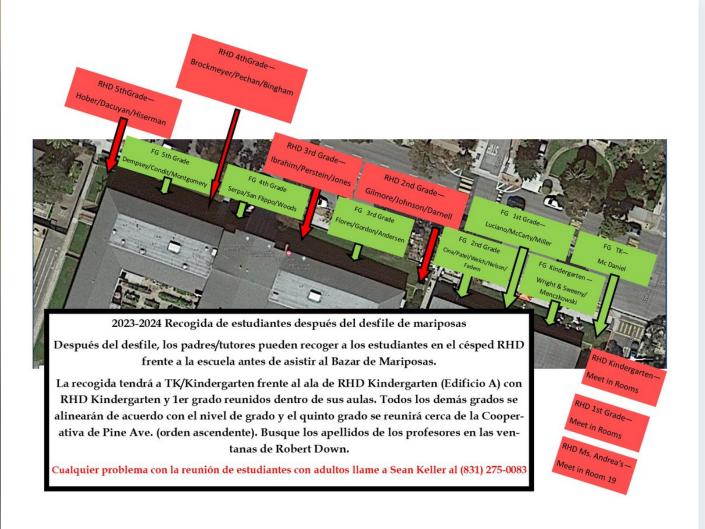


#### El desfile comienza a las 10:30 a.m.

	Pine Avenue at F	ountain Avenue		
1	PG Polic	1		
2	McDaniel TK	McDaniel TK Kelly K		
3	Sweeny/Menczkowski K	ny/Menczkowski K Renteria /Smith K		
4	Wright K	Chavez K	4	
5	Luciano 1st	Perkins 1st	5	
6	Miller 1st	Evans 1st	6	
7	Fadem 2nd	McNickle/Spadoni 1st	7	
8	Cina 2nd	Gilmore 2nd	8	
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15	San Flippo 4th	Pechan 4th	15	
16	Woods 4th	Woods 4th Brockmeyer 4th		
17	Dempsey 5th	Hober 5th	17	
18	Condit 5th	Dacuyan 5th	18	
19	Montgomery 5th Hiserman 5th		19	
20	PGHS p	20		
21	PGHS Brea	21		
22	PGHS Breaker Gir	22		
23	PGHS A	23		
24	PGHS Clubes	24		
25	PGHS A	25		

Los estudiantes de FG y RHD se reúnen con las familias al comienzo del desfile en el salón de clases o en el césped frente a RHD Cualquier padre/estudiante desaparecido llame a Sean Keller al (831) 275-0083.







#### **RHD Upcoming Events**

October 5 - PGUSD Board Meeting, 6:30 PM

October 7 - Butterfly Parade and Bazaar, Line up from 10:00-10:20 AM, 10:30 AM start

October 11 - PTA Dine Out, Michael's Taqueria, 4:00-8:30 PM

October 16-20 - Fall Break, No School

October 23 - RHD Site Council, 3:30 PM

October 26 - PGUSD Board Meeting, 6:30 PM

### October 30 - November 3 - Parent Teacher Conferences, All Students Minimum Days



#### Office Reminders...

1) Please have your child to school on time. Gates open at 8:30 AM. Warning bell rings at 8:40 AM. Final bell rings and instruction begins at 8:45 AM. When a student is tardy it is disruptive to the office and classroom. In addition,

students miss important information and announcements from their teacher first thing in the morning.

2) Did you know that you can report your child's absence with your ParentVUE app? Simply log into your ParentVUE account to send the office a message about why your child is absent.

#### \* Ways to report a student absent \*

- a) ParentVUE app
- b) 24 Hour Absence Line (831) 646-6663
- c) Email Annie Deis at adeis@pgusd.org
- 3) Please make sure to relay afterschool plans with your child **PRIOR** to the school day.

The office and teachers are getting phone calls and emails from parents daily about what their child should do after school. This is disruptive.



If you plan on being a **VOLUNTEER** on campus or a **CHAPERONE** for a field trip, please be sure you are fingerprint cleared with our district. To make an appointment at the District Office please contact Bree Nehring by calling 607-8892 or emailing

bnehring@pgusd.org

Before coming to campus to volunteer, please check with your child's teacher to schedule a time that works best for them.



#### **Robert Down Birthday Books**

This notice is to tell you about our voluntary program designed to build the RHD library and

foster your child's love of reading.

Here is how it works: To join the Robert H. Down Birthday Book Club fill out the information below (scroll way down to the bottom of this message to print the Birthday Book forms) and deposit it in the Drop Box at school along with a check for \$20.00 (please make the check payable to the P.G.U.S.D. and

write R.H.D. Birthday Book on the memo line).

When your child's birthday month comes around Ms. Scanlon will present a new book in honor of your child's birthday. Your child will be the first one to check out and read the book that has been donated to the

library to celebrate their birthday. A bookplate with your child's name will be affixed to the inside cover for all future readers to appreciate.

# **Birthday Book Club.pdf**

**Download** 

280.3 KB

# **Flyers**



SCAN THE QR CODE OR

DONATE @

WWW.SUPPORTPGPRIDE.COM

# ALL DONATIONS MUST BE RECEIVED BY OCTOBER 13!

PACIFIC GROVE UNIFIED SCHOOL DISTRICT NEITHER ENDORSES NOR SPONSORS THE ORGANIZATION OR
ACTIVITY REPRESENTED IN THIS DOCUMENT.



#### https://fieldofdreamsdesigns.com/butterfly

Get your 2023 design items by pre-ordering before midnight on Sept 17 (to be delivered before the Oct 7 event)

OR buy them at the Butterfly Bazaar



This Pacific Grove Tradition since 1939 Saturday, October 7th

#### **Parade**

Line-up @10:00 in front of Robert Down Elementary

March through town @10:30

Robert Down Field 11am - 2pm

Food! Games on the field Tickets
\$1 each OR
Wristbands \$15 in advance,
\$20 on Sat.

# Bazaar

My Museum Wheelie Mobilee

Inflatable Slide

#### Volunteers needed

- Middle Schoolers earn community service
- Parents look for Sign-up genius from PTA or school site email
- Join us to have some fun!

# Food for sale: (cash or check)

- Tacos & Burritos
- Pizza
- Sausages
- Popcorn
- Baked Goods
   Veggie & Vegan options

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### Butterfly\_baazar\_presale\_ticket\_flyer-2023.pdf

**Download** 

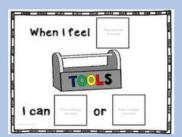
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## Parent Workshops

Guidance and Support from the Elementary School Counseling Team - Zoe Roach, MEd, PPS, Sonda Frudden, PPS and Cori Rosenberg, LCSW,RN

#### Parent Toolbox Talk

- Wed Sept 6 | 6pm Robert Down
- Thurs Sept 7 | 9am Forest Grove



#### Executive Functioning (EF)

- Wed Jan 31 | 9am Forest Grove
- Thurs Feb 1 | 6pm Robert Down



Coffee and pastries will be available Questions? Please contact Cori at the morning sessions and snacks in the evening sessions

#### Helping Your Child Cope with Stress and Anxiety

- Wed Nov 15 | 6pm Forest Grove
- Thurs Nov 14 | 9am Robert Down



#### Transitions for parents of 5th graders

- Wed May 1 | 9am Robert Down
- Thurs May 2 | 6pm Forest Grove



Rosenberg: crosenberg@pgusd.org or (831) 632-9551

These talks are a collaboration between FG and RD and parents are welcome to attend any session at either school ©



# Task List

We are hosting a PTA membership drive -now until October 7th

Our school's goal is to have 100% membership in the PTA.

#### Top Priorities

Joining PTA simply involves a \$20 donation.

All PTA funds go to school curriculum, activities, and stipends to teachers for classroom supplies

#### To Join:



#### Goals

The class with the most PTA members wins a class party with Otter Pops and a cool surprise!

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# RHD PTA DINE OUT FUNDRAISERS



















BETTER TOGETHER

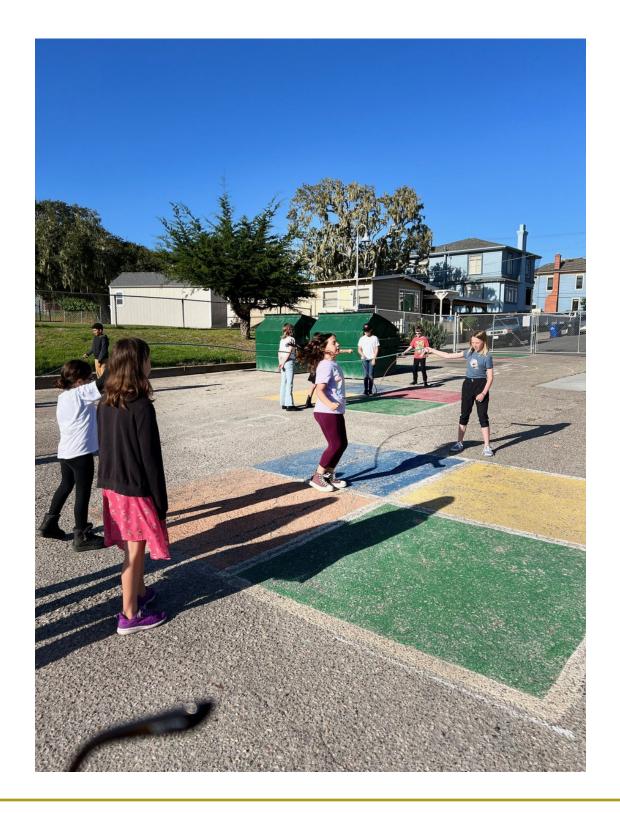
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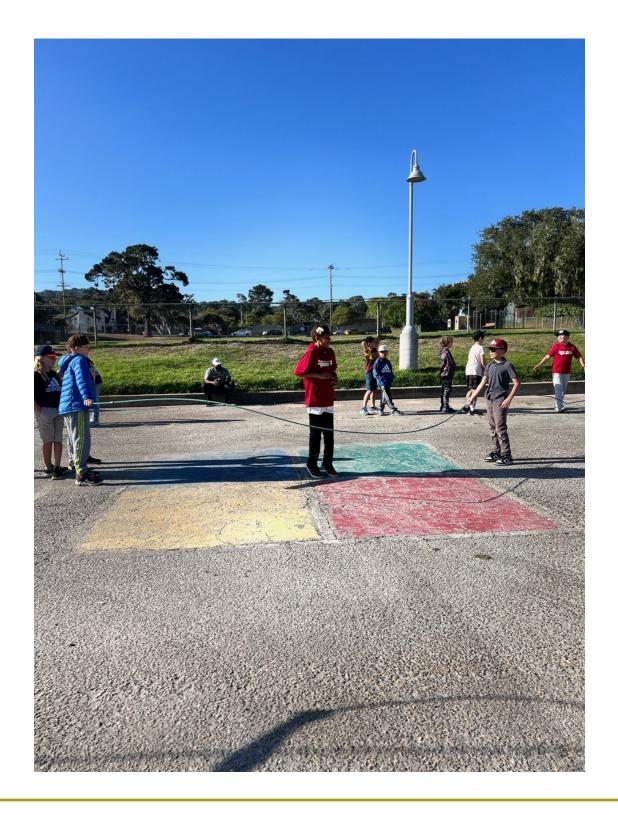
**CLICK HERE to ORDER RHD Spirit Wear** 

**Otterly Adorable** 











Please Read: Allergy Alert Letter

#### Allergy Alert Letter August 2023.docx.pdf

#### **Download**

520.1 KB

Hello Robert Down Families,

This year, we have some schoolmates in grades 2 through 5 with life-threatening allergies to eggs, tree nuts, peanuts, and milk requiring Epi-Pen treatment if exposed to eggs and foods containing tree nuts, peanuts, and milk. To maintain the highest level of safety, all of the 2nd grade classrooms will be <u>compulsory</u> egg, tree nut, and peanut-free classrooms. We ask that all Second Grade classroom families not send foods to school with their child which contain tree nuts, peanuts, and eggs.

Mr. Keller will be discussing with all grade levels the importance of being safe at the lunch tables and not playing with milk cartons by purposely pouring liquids onto trays, onto the table tops or ground, and not stomping on cartons to hear them "pop". He will also share with students the importance of using hand wipes or washing hands after eating any food allergy products to keep playground equipment safe for all students.

The best way to determine if foods are allergy-free snacks is to read the label since most brands have a warning statement or allergen list. Be aware of phrases like this:

- May Contain Peanuts
- Processed on shared equipment with Peanuts
- Manufactured in a facility that also processes Peanuts
- Contains Peanut or Peanut Ingredients



In addition, we will encourage students to care for their food properly at school by not not sharing food with others, not throwing food, and not carelessly spilling food onto others in order to eliminate food allergy exposure and cross contamination in eating areas shared by multiple grade levels.

The following resource link and attachment can assist you in teaching your children how to support friends with allergies and how to keep them safe.

https://community.kidswithfoodallergies.org/blog/8-ways-to-teach-children-about-food-allergies

Please feel free to contact me with any questions.

Thank you very much,

Katrina

Katrina Powley, RN, BSN, CSN District School Nurse Pacific Grove Unified School District kpowley@pgusd.org Google Voice: (831) 275-5396

# How To AVOID a Food Allergy REACTION

The only way to

AVOID having an
allergic reaction is
to AVOID THE FOOD
YOU'RE ALLERGIC
TO. That's why it's
important to follow
these rules.



Don't share food or drinks.

Read labels twice or ask an adult. NO LABEL? DON'T EAT IT!

Always tell whoever is making your food about your food allergy.

Don't take chances.

If you don't know what's in your food, DON'T EAT IT.



# Food Allergy MYTHS



MYTH: Eating a little bit of a food you're allergic to won't hurt.

FACT: For someone with a food allergy, even a small amount of a food allergen can cause a serious allergic reaction.

#### MYTH:

Peanut allergy is the most dangerous food allergy.

FACT: Any food can cause an allergic reaction. No single food allergy is more dangerous than another.

MYTH: Food allergies are not serious. Food allergies are VERY serious.
People with food allergies must be careful about what they

eat all the time and always be prepared for an allergic reaction.

FACT:

MYTH: A food allergy always develops in childhood, then you're stuck with it for life.

FACT: A person can develop a food allergy anytime, even as an adult. Kids may outgrow a food allergy, especially allergies to milk, egg, soy, and wheat.



## **SmartSocial**

**Screen Time Events from SmartSocial** 

- Navigating Al Tools To Prep A Student For Their Future College & Career - VIP Event, October 24th & 25th
- Using Screen Time to Support Positive Student Behaviors on Campus and At Home - VIP Event, November 14th & 15th

#### **Virtual Parent Night Event**

In today's digital world, screens are an integral part of our lives, offering boundless opportunities for learning and leisure. But how can we ensure that screen time is a source of joy and not a thief of it?

This event is designed for parents, students, and educators. We will be sharing insights, tips, and tools to make the most of screen time while reducing its potential downsides.



#### **Al Parent Training For Students**

The SmartSocial Parent, Teacher & Counselor forum will teach you the hidden safety features of TikTok, Snapchat, Instagram, Fortnite, Netflix, YouTube & More

☑ smartsocial.com

# Making Screen Time Fun

while reducing the negative impact



T. M. T.		-2023-	5	- Com
	OC	TOB	ER	
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	Crispy Chicken Sandwich	Teriyaki Chicken & Rice	Cheeseburger/ Hamburger	Domino's Cheese or Pepperoni
	Macaroni & Cheese	Mini Corn Dogs	Cheese Quesadillas	Deli Hoagie
	Carrot Fresh Fruit	Broccoli Fresh Fruit	Pinto Bean Fresh Fruit	Side Salad Fresh Fruit
10	Crispy Chicken Sandwich	Orange Chicken & Rice	Cheeseburger/ Hamburger	Domino's Cheese or Pepperoni
	Cheese Lasagna	Grilled Cheese Sandwich	Bean & Cheese Nacho	Deli Hoagie
	Grape Tomatos Fresh Fruit	Broccoli Fresh Fruit	Tater Tots Fresh Fruit	Side Salad Fresh Fruit
17	FALL BREAK	FALL BREAK	FALL BREAK	FALL BREAK
24	Crispy Chicken Sandwich Cheese Lasagna	Orange Chicken & Rice Grilled Cheese Sandwich	Cheeseburger/ Hamburger  Bean & Cheese Nacho	Domino's Cheese or Pepperoni Deli Hoagie

Broccoli

Fresh Fruit

Tater Tots

Fresh Fruit

Deli Hoagie

Side Salad

#### All Meals FREE for ALL Students

**Pacific Grove** 

**Unified School** 

District

Elementary Menu

**BREAKFAST** 

Cereal Variety Offered Daily Monday: Mini Maple Pancakes Tuesday: Cinnamon Bun

Wednesday: Muffin Tops Thursday: UBR Granola Bar

Friday: Concha

Served with Whole Fruits or 100 %

Fruit Juice

Gluten Free Alternative Breads & Items Available at Each Site as Needed

Fresh Fruit

Grape Tomatos

Fresh Fruit

Crispy Chicken Sandwich

Macaroni & Cheese

Carrot

Fresh Fruit

MONDAY Mozzarella Stuffed Breadsticks w/ Marinara

Chicken Drumstick &

Mashed Potato Corn

Fresh Fruit

ean & Cheese Papusa Crunchy Beef Tacos

> Refried Beans Fresh Fruit

**FALL BREAK** 

ean & Cheese Papusa

Crunchy Beef Tacos

Refried Beans

Fresh Fruit

Mozzarella Stuffed

Breadsticks w/ Marinara

Chicken Drumstick &

Mashed Potato

Corn

23



# **Every Otter SWIMS - RHD Behavior Expectations**

	Robert H. Down Elementary Behavioral Expectations  Every Otter SWIMS					
	Hallways/Restrooms	Cafeteria/Lunch Area	Playground/Field	Arrival/Dismissal	Classroom/Ottertorium	Toolbox Tools
<b>S</b> how Respect	Walk Slowly on the right side     Use positive words with others     Respect the space and needs of others	Stay Seated Stay in a single file line while waiting Keep your hands and feet to yourself Ask permission	Show good sports-manship Use appropriate language Respect the space and needs of others	Arrive on time     Follow the rules if riding the bus/ using biks/scooter     Use crosswalks     Be safe on sidewalks	Speak and listen carefully Clean up work areas and desk area Let the little things go Show gratitude	Please and Thank You Using Your Words Garbage Can Be Safe
<b>W</b> ork Hard	Be quiet while in transition  Make good decisions  Keep school clean  Voice Level: 0	Use manners Sit with others and get to know new people Keep school clean Voice Levels: 0-2	Walk on blacktops at all times Be a problem solver Try all games/areas Voice Level: 3	Wait outside with patience     Enter building quietly and in your line     Voice Level: 0-2	Embrace academic struggle Listen with your eyes, ears, and heart Voice Level: 0-2	Patience     Listening     Breathing     Perseverance/Grit
<b>I</b> ncrease Integrity	Go directly where you need to be Be honest and respectful with peers and adults Keep restrooms clean	Raise your hand for assistance Be prepared to eat & don't leave any items inside building Cleanup after yourself	Admit when it is not your turn or are out     Follow game rules and do not make up new ones     Praise others for their play	Have all your needed materials     Be aware of responsi- bilities and behavior expectations for all activities	Be engaged during instruction Be prompt, prepared, and ready to learn Do your own work and not depend on AI/technology	Apology & Forgiveness     Empathy     Be Kind
<b>M</b> ake a Difference	Keep hands and feet to yourself     Show genuine care for RHD     Respect the space and needs of others	Eat all your food to reduce waste     Separate food scraps, recycling, & waste     Respect all staff members providing direction	Walk away from a conflict and inform an adult     Show genuine care for others—look out for the Buddy Bench	Respect all staff members providing direction Make safe decisions while walking/riding to and from school	Care for equipment and supplies Clean up work areas and desk area Take risks and learn new things	Taking Time Personal Space Quiet Safe Place Be Your Personal Best Every Day
<b>S</b> tand Up for Yourself and Others	Do the right thing     Share if someone is making a mess or does not flush     Respect others' stuff	Do the right thing when no one is watching     Bring food that does not cause allergic reactions, especially PB & J	Tell the truth and accept the results Seek assistance to resolve problems: Stop, Walk, Talk	Walk and be safe inside or outside buildings     Ask an adult staff member for help if someone needs a ride	Include all students in groups and activities Give your best effort on homework Try new ways to learn	Courage     Be an Upstander     Looking Out (for Others) Tool



# **Robert Down Elementary School**

Website: <a href="https://robertdown.pgusd.org/">https://robertdown.pgusd.org/</a>

Location: 485 Pine Avenue, Pacific

Grove, CA, USA

Phone: (831) 646-6540



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**Create a newsletter** 

