



Robert Down Principal's Update

October 26, 2023

Principal's Message

Dear RHD Families,

Please fill in the survey below with any present or former military personnel that have served in your family or are close friends. Make sure to list their name, military branch, rank, where they served, and why your student(s) is/are proud of their parent, uncle/aunt, grandmother/grandfather, cousin, friend, etc. Make sure to send me a few pictures of your service person via email. In the past, pictures have included family members, military personnel in action, and fun pics out of uniform as well. Our Veterans Day Assembly will occur on Wednesday, November 8th at 9:00 AM. Please invite your service person and plan to attend yourself.

<https://forms.gle/jo4Y93dr1AjnP3ps5>

School photos were sent home this week. If you're missing anything, or have a question please call Premier Studios directly at 888-274-3686 or 559-274-9231. Picture retake day will be January 18, 2024.

Ruby Bridges Walk to School Day, November 14. <https://rubybridges.foundation/>

FROM PTA:

- Look below for the Halloween Movie Night and Trunk Or Treat Flyer. Just above is a Sign Up Genius for 15 vehicles to give out treats on **TOMORROW**, Friday, October 27th. Please be aware of Food Allergies for choices of treats and think about alternative fun gifts like pencils, erasers, and ghoulie stickers!
- The annual costume parade will occur at 9:00 AM on October 31st on the intermediate blacktop. Families are welcome to come and watch behind classrooms but some of the best views will be from the field. Please remember no full masks and elementary-appropriate dress without too scary costumes. Props may not be carried around the school, but may be used in the parade, but no weapons are allowed in any costumes.
- The Annual RHD PTA Charleston Wrap Fundraiser will occur from 10/23-11/10, look out for more information to come!
- Our second annual Dia de Los Muertos crafts and altar will occur the week of 10/23 with a schoolwide assembly on 11/1. Provide your student(s) with a picture of a loved one who has passed to celebrate their time with us.
- We are adding a Diwali celebration this year on November 9th during lunch time to celebrate the India New Year.

In Otter Ohana,

Sean Keller, RHD Principal
 Google Voice (831) 275-0083
skeller@pgusd.org



Robert H. Down Trunk Or Treat

Please review the available slots below and click on the button to sign up. Thank you!

🔗 signupgenius.com



RHD Upcoming Events

October 26—PGUSD Board Meeting, 6:30 PM

October 27—PTA Halloween Trunk or Treat & Movie Night, 5:30 PM

October 29-November 10—PTA Charleston Wrap Fundraiser

October 30-November 3—Parent Teacher Conferences, Minimum Day

October 31—Halloween Parade, 9:00 AM

November 14 - Ruby Bridges Walk to School Day

Office Reminders...

1) Please have your child to school on time. Gates open at 8:30 AM. Warning bell rings at 8:40 AM. **Final bell rings and instruction begins at 8:45 AM.** When a student is tardy it is disruptive to the



office and classroom. In addition, students miss important information and announcements from their teacher first thing in the morning.

2) Did you know that you can report your child's absence with your ParentVUE app? Simply log into your ParentVUE account to send the office a message about why your child is absent.

*** Ways to report a student absent ***

a) ParentVUE app

b) 24 Hour Absence Line (831) 646-6663

c) Email Annie Deis at adeis@pgusd.org

3) Please make sure to relay afterschool plans with your child **PRIOR** to the school day. The office and teachers are getting phone calls and emails from parents daily about what their child should do after school. This is disruptive.



Volunteer & Chaperone Clearance

If you plan on being a **VOLUNTEER** on campus or a **CHAPERONE** for a field trip, please be sure you are fingerprint cleared with our district. To make an appointment at the District Office please contact Bree Nehring by calling 607-8892 or emailing bnehring@pgusd.org

Before coming to campus to volunteer, please check with your child's teacher to schedule a time that works best for them.

Robert Down Birthday Books

This notice is to tell you about our **voluntary** program designed to build the RHD library and foster your child's love of reading.

Here is how it works: To join the Robert H. Down Birthday Book Club fill out the information below (scroll way down to the bottom of this message to print the Birthday Book forms) and deposit it in the Drop Box at school along with a check for \$20.00 (please make the check payable to the P.G.U.S.D. and write R.H.D. Birthday Book on the memo line).

When your child's birthday month comes around Ms. Scanlon will present a new book in honor of your child's birthday. Your child will be the first one to check out and read the book that has been donated to the library to celebrate their birthday. A bookplate with your child's name will be affixed to the inside cover for all future readers to appreciate.



Birthday Book Club.pdf

Download
280.3 KB

Flyers

PACIFIC GROVE RECREATION



YOUTH SOCCER 2023-24

**REGISTRATION OPENS
OCT 10 AT 12:00 PM
SEASON STARTS NOV 4**

Junior Soccer Clinics - Co-Rec (ages 3-4)

Youth Soccer - Co-Rec (ages 5-6, 7-8, 9-10)

Volunteer Coaches needed for ages 5-10

Location: PG Muni Stadium

**PG RESIDENT \$99 (Ages 3 - 4) / \$99 (Ages 5 - 10)
NON-RESIDENT \$108 (Ages 3 - 4) / \$108 (Ages 5 - 10)**

Register online at www.cityofpg.org/recreation
Call 831-648-3134 for more information

PACIFIC GROVE UNIFIED SCHOOL DISTRICT NEITHER ENDORSES NOR SPONSORS
THE ORGANIZATION OR ACTIVITY REPRESENTED IN THIS DOCUMENT

PACIFIC GROVE RECREATION



MAKE A DIFFERENCE
BECOME A VOLUNTEER
YOUTH SOCCER COACH

VOLUNTEER INFORMATION MEETINGS
OCT 11 OR OCT 12 AT 6:00 PM
PACIFIC GROVE YOUTH CENTER

Youth Soccer - Co-Rec (ages 5-6, 7-8, 9-10)
Season runs Nov 4 - Feb 10

Volunteer Coaches needed
for all age groups

For more information
call 831-648-3134 or email
alipsig@cityofpacificgrove.org

PACIFIC GROVE UNIFIED SCHOOL DISTRICT NEITHER ENDORSES NOR SPONSORS
THE ORGANIZATION OR ACTIVITY REPRESENTED IN THIS DOCUMENT.

RUBY BRIDGES
WALK
to SCHOOL DAY

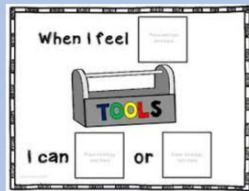
NOVEMBER 14

Parent Workshops

Guidance and Support from the
Elementary School Counseling Team – Zoe
Roach, MEd, PPS, Sonda Frudden, PPS and
Cori Rosenberg, LCSW,RN

Parent Toolbox Talk

- Wed Sept 6 | 6pm Robert Down
- Thurs Sept 7 | 9am Forest Grove



Helping Your Child Cope with Stress and Anxiety

- Wed Nov 15 | 6pm Forest Grove
- Thurs Nov 14 | 9am Robert Down



Executive Functioning (EF)

- Wed Jan 31 | 9am Forest Grove
- Thurs Feb 1 | 6pm Robert Down



Transitions for parents of 5th graders

- Wed May 1 | 9am Robert Down
- Thurs May 2 | 6pm Forest Grove



**Coffee and pastries will be available
at the morning sessions and snacks
in the evening sessions**

Questions? Please contact Cori
Rosenberg : crosenberg@pgusd.org or
(831) 632-9551

These talks are a collaboration between FG and RD and parents are
welcome to attend any session at either school ☺



Just present this flyer to your server
(or show it on your mobile device) and
Islands will donate 20% of your food and
beverage purchases back to Robert Down
Elementary PTA.

Dine-In or Take-Out. Order online at
www.islandsrestaurants.com

ROBERT DOWN ELEMENTARY PTA

Date: Wednesday, November 15th, 2023

Time: 4pm to close

Location: Islands Monterey

300 Del Monte Center • (831) 655-1552

#ISLANDSBURGERS

Not valid with any coupon, offer, discount or third party delivery.
Proceeds exclude gratuity and tax.

Craft burgers, fresh-cut fries, salads & tacos. Bring your family and
friends to Islands, and help raise money for Robert Down Elementary PTA .
Pacific Grove Unified School District neither endorses nor sponsors the organization or activity represented in this document.



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RHD PTA Membership Drive



Task List

We are hosting a PTA membership drive -now until October 7th



Our school's goal is to have 100% membership in the PTA.



Top Priorities

Joining PTA simply involves a \$20 donation.

All PTA funds go to school curriculum, activities, and stipends to teachers for classroom supplies



To Join:



Goals

The class with the most PTA members wins a class party with Otter Pops and a cool surprise!

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california
pizza kitchen

PIZZA WITH A PURPOSE

Show this flyer or mention the organization listed below
on your visit, and California Pizza Kitchen will
DONATE 20% OF ALL FOOD & BEVERAGE SALES
on your check to the organization listed below. Purchases include
dine-in, take-out, catering, and online orders at CPK.com
when you enter **BACK20%** at checkout.

Fundraiser in support of:
Robert Down Elementary PTA
December 13th, 2023
11:00AM to 09:00PM

Valid at the following location
CALIFORNIA PIZZA KITCHEN
0213 Monterey
1100 Del Monte Center, Monterey, CA 93940
cpk.com

Pacific Grove Unified School District neither endorses nor sponsors the organization or activity
represented in this document.

Fundraiser valid only on the date(s) and at the CPK location(s) identified on this flyer. Only 501(c)(3) organizations and non-profit schools are eligible to
participate in CPK's fundraiser program. CPK will donate 20% (twenty percent) of all food and beverage sales to the organization. Tax, gratuity, gift
card and retail sales are excluded from the donation. Valid for dine-in, take-out, online, catering, curbside or delivery orders placed directly with CPK.
Not valid for orders placed or fulfilled through third-party delivery. Food & Beverage distributed in or near restaurant. For more information about the
501(c)(3) organization participating in the fundraiser, please contact the organization directly. Not valid at franchise locations in Guam, Italy, Japan, university,
international, airport locations, or the Grand Sierra Resort and Casino.

V3

RHD PTA DINE OUT FUNDRAISERS

AUGUST



AUGUST 23

4pm-9pm

SEPTEMBER



SEPTEMBER 20

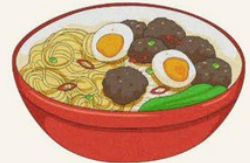
All day

OCTOBER

Michael's
Grill and Taqueria

OCTOBER 11

All day



NOVEMBER



NOVEMBER 15

Dinner

DECEMBER



DECEMBER 13

All day



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[CLICK HERE to ORDER RHD Spirit Wear](#)

Otterly Adorable











Please Read: Allergy Alert Letter



Allergy Alert Letter August 2023.docx.pdf

[Download](#)

520.1 KB

Hello Robert Down Families,

This year, we have some schoolmates in grades 2 through 5 with life-threatening allergies to eggs, tree nuts, peanuts, and milk requiring Epi-Pen treatment if exposed to eggs and foods containing tree nuts, peanuts, and milk. To maintain the highest level of safety, all of the 2nd grade classrooms will be compulsory egg, tree nut, and peanut-free classrooms. We ask that all Second Grade classroom families not send foods to school with their child which contain tree nuts, peanuts, and eggs.

Mr. Keller will be discussing with all grade levels the importance of being safe at the lunch tables and not playing with milk cartons by purposely pouring liquids onto trays, onto the table tops or ground, and not stomping on cartons to hear them "pop". He will also share with students the importance of using hand wipes or washing hands after eating any food allergy products to keep playground equipment safe for all students.

The best way to determine if foods are allergy-free snacks is to read the label since most brands have a warning statement or allergen list. Be aware of phrases like this:

- May Contain Peanuts
- Processed on shared equipment with Peanuts
- Manufactured in a facility that also processes Peanuts
- Contains Peanut or Peanut Ingredients



In addition, we will encourage students to care for their food properly at school by not sharing food with others, not throwing food, and not carelessly spilling food onto others in order to eliminate food allergy exposure and cross contamination in eating areas shared by multiple grade levels.

The following resource link and attachment can assist you in teaching your children how to support friends with allergies and how to keep them safe.

<https://community.kidswithfoodallergies.org/blog/8-ways-to-teach-children-about-food-allergies>

Please feel free to contact me with any questions.

Thank you very much,

Katrina

Katrina Powley, RN, BSN, CSN
District School Nurse
Pacific Grove Unified School District
kpowley@pgusd.org
Google Voice: (831) 275-5396

How To **AVOID** a Food Allergy **REACTION**

The only way to **AVOID** having an allergic reaction is to **AVOID THE FOOD YOU'RE ALLERGIC TO**. That's why it's important to follow these rules.



Wash your hands
before eating.



Don't share
food or drinks.



Read labels twice or
ask an adult. **NO**
LABEL? DON'T EAT IT!



Always tell whoever
is making your food
about your food allergy.



Don't take chances.
If you don't know what's
in your food, **DON'T EAT IT.**



Food Allergy MYTHS



MYTH: Eating a little bit of a food you're allergic to won't hurt.

FACT: For someone with a food allergy, **even a small amount** of a food allergen can cause a **serious allergic reaction**.

MYTH: Peanut allergy is the most dangerous food allergy.

FACT: Any food can cause an allergic reaction. **No single food allergy is more dangerous than another.**

MYTH: Food allergies are not serious.

FACT: Food allergies are **VERY serious**. People with food allergies must be careful about what they eat **all the time** and **always be prepared for an allergic reaction**.

MYTH: A food allergy always develops in childhood, then you're stuck with it for life.

FACT: A person can develop a food allergy **anytime**, even as an adult. **Kids may outgrow a food allergy**, especially allergies to milk, egg, soy, and wheat.



SmartSocial

Screen Time Events from SmartSocial

- Navigating AI Tools To Prep A Student For Their Future College & Career - VIP Event, October 24th & 25th
- Using Screen Time to Support Positive Student Behaviors on Campus and At Home - VIP Event, November 14th & 15th

Virtual Parent Night Event

In today's digital world, screens are an integral part of our lives, offering boundless opportunities for learning and leisure. But how can we ensure that screen time is a source of joy and not a thief of it?

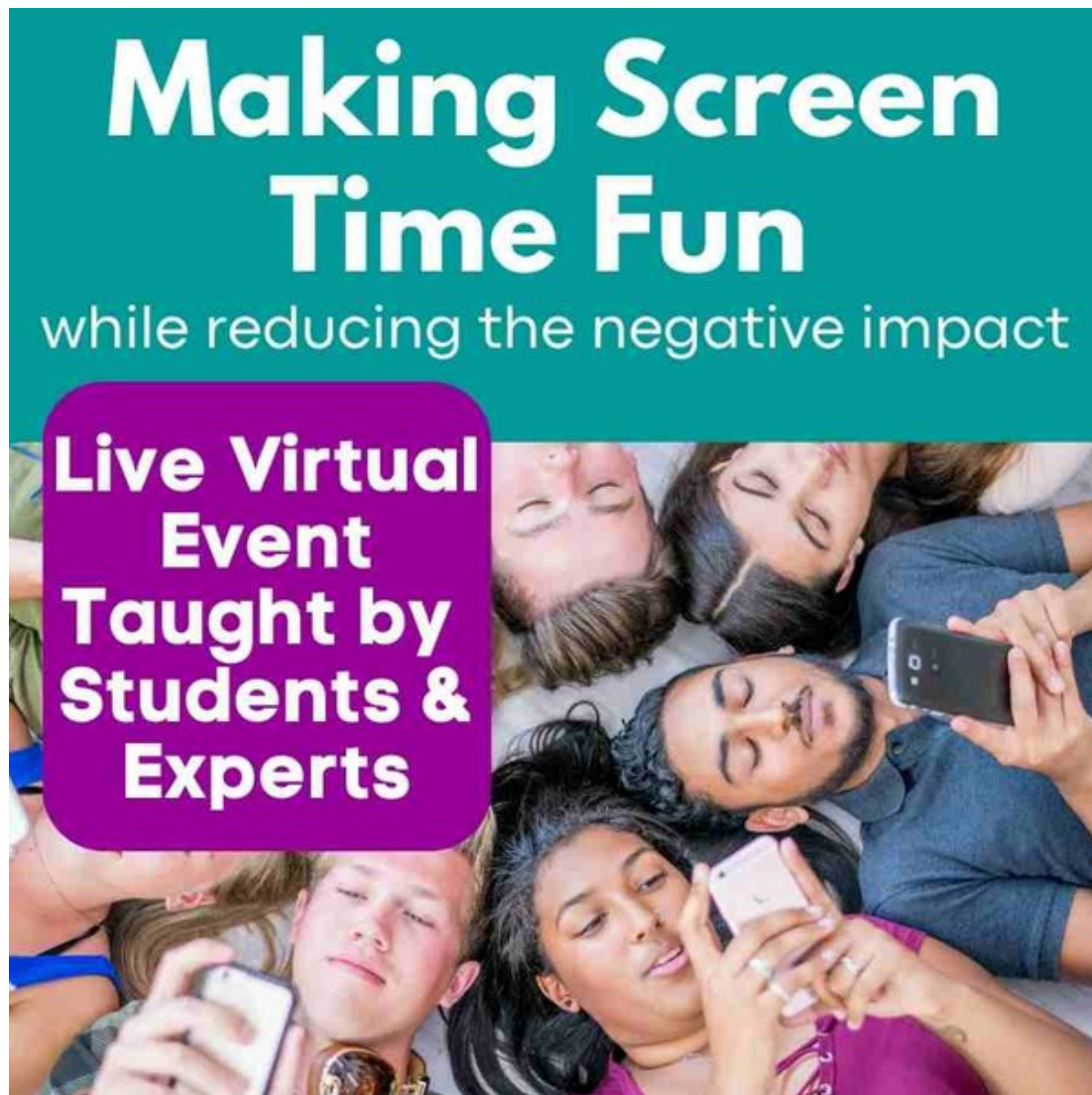
This event is designed for parents, students, and educators. We will be sharing insights, tips, and tools to make the most of screen time while reducing its potential downsides.



AI Parent Training For Students

The SmartSocial Parent, Teacher & Counselor forum will teach you the hidden safety features of TikTok, Snapchat, Instagram, Fortnite, Netflix, YouTube & More

smartsocial.com



- 2023 -

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pacific Grove

Unified School

District

Elementary Menu

BREAKFAST

Cereal Variety Offered Daily

Monday: Mini Maple Pancakes

Tuesday: Cinnamon Bun

Wednesday: Muffin Tops

Thursday: UBR Granola Bar

Friday: Concha

Served with Whole Fruits or 100 %
Fruit Juice

All Meals FREE for ALL Students

Gluten Free Alternative Breads &
Items Available at Each Site as Needed

© 2022 Simply Good Food, LLC

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

2 Mozzarella Stuffed
Breadsticks w/ Marinara

Chicken Drumstick &
Mashed Potato

Corn
Fresh Fruit

3 Crispy Chicken Sandwich
Macaroni & Cheese

Carrot
Fresh Fruit

4 Teriyaki Chicken & Rice
Mini Corn Dogs

Broccoli
Fresh Fruit

5 Cheeseburger/
Hamburger

Cheese Quesadillas

Pinto Bean
Fresh Fruit

6 Domino's
Cheese or Pepperoni

Deli Hoagie

Side Salad
Fresh Fruit

9 Bean & Cheese Papusa
Crunchy Beef Tacos

Refried Beans
Fresh Fruit

10 Crispy Chicken Sandwich
Cheese Lasagna

Grape Tomatos
Fresh Fruit

11 Orange Chicken & Rice
Grilled Cheese Sandwich

Broccoli
Fresh Fruit

12 Cheeseburger/
Hamburger

Bean & Cheese Nacho

Tater Tots
Fresh Fruit

13 Domino's
Cheese or Pepperoni

Deli Hoagie

Side Salad
Fresh Fruit

16

FALL BREAK

17

FALL BREAK

18

FALL BREAK

19

FALL BREAK

20

FALL BREAK

23 Bean & Cheese Papusa
Crunchy Beef Tacos

Refried Beans
Fresh Fruit

24 Crispy Chicken Sandwich
Cheese Lasagna

Grape Tomatos
Fresh Fruit

25 Orange Chicken & Rice
Grilled Cheese Sandwich

Broccoli
Fresh Fruit

26 Cheeseburger/
Hamburger

Bean & Cheese Nacho

Tater Tots
Fresh Fruit

27 Domino's
Cheese or Pepperoni

Deli Hoagie

Side Salad
Fresh Fruit

30 Mozzarella Stuffed
Breadsticks w/ Marinara

Chicken Drumstick &
Mashed Potato

Corn
Fresh Fruit

31 Crispy Chicken Sandwich
Macaroni & Cheese

Carrot
Fresh Fruit

Tools for the Journey

Creating a World of Kind, Connected Human Beings



Breathing

I calm myself and check-in.

Quiet/Safe Place

I remember my quiet/safe place.



Listening

I listen with my ears, eyes, and heart.

Empathy

I care for myself. I care for others.



Personal Space

I have a right to my space and so do you.

Using Our Words

*I use the "right" words, in the "right" way,
at the "right" time, for the "right" reason.*



Garbage Can

I let the little things go.

Taking Time

I take time-in and time-away.



Please & Thank You

I treat others with kindness and appreciation.

Apology & Forgiveness

I admit my mistakes and work to forgive yours.



Patience

I am strong enough to wait.

Courage

I have the courage to do the "right" thing



Practices of a Peaceful Warrior



TOOLBOX
BY DOVETAIL LEARNING

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www.otterandco.org

Every Otter SWIMS - RHD Behavior Expectations

Robert H. Down Elementary Behavioral Expectations

Every Otter SWIMS

	Hallways/Restrooms	Cafeteria/Lunch Area	Playground/Field	Arrival/Dismissal	Classroom/Otteritorium	Toolbox Tools
Show Respect	<ul style="list-style-type: none"> Walk Slowly on the right side Use positive words with others Respect the space and needs of others 	<ul style="list-style-type: none"> Stay Seated Stay in a single file line while waiting Keep your hands and feet to yourself Ask permission 	<ul style="list-style-type: none"> Show good sports-manship Use appropriate language Respect the space and needs of others 	<ul style="list-style-type: none"> Arrive on time Follow the rules if riding the bus/using bike/scooter Use crosswalks Be safe on sidewalks 	<ul style="list-style-type: none"> Speak and listen carefully Clean up work areas and desk area Let the little things go Show gratitude 	<ul style="list-style-type: none"> Please and Thank You Using Your Words Garbage Can Be Safe
Work Hard	<ul style="list-style-type: none"> Be quiet while in transition Make good decisions Keep school clean Voice Level: 0 	<ul style="list-style-type: none"> Use manners Sit with others and get to know new people Keep school clean Voice Levels: 0-2 	<ul style="list-style-type: none"> Walk on blacktops at all times Be a problem solver Try all games/ areas Voice Level: 3 	<ul style="list-style-type: none"> Wait outside with patience Enter building quietly and in your line Voice Level: 0-2 	<ul style="list-style-type: none"> Embrace academic struggle Listen with your eyes, ears, and heart Voice Level: 0-2 	<ul style="list-style-type: none"> Patience Listening Breathing Perseverance/Grit
Increase Integrity	<ul style="list-style-type: none"> Go directly where you need to be Be honest and respectful with peers and adults Keep restrooms clean 	<ul style="list-style-type: none"> Raise your hand for assistance Be prepared to eat & don't leave any items inside building Cleanup after yourself 	<ul style="list-style-type: none"> Admit when it is not your turn or are out Follow game rules and do not make up new ones Praise others for their play 	<ul style="list-style-type: none"> Have all your needed materials Be aware of responsibilities and behavior expectations for all activities 	<ul style="list-style-type: none"> Be engaged during instruction Be prompt, prepared, and ready to learn Do your own work and not depend on AI/ technology 	<ul style="list-style-type: none"> Apology & Forgiveness Empathy Be Kind
Make a Difference	<ul style="list-style-type: none"> Keep hands and feet to yourself Show genuine care for RHD Respect the space and needs of others 	<ul style="list-style-type: none"> Eat all your food to reduce waste Separate food scraps, recycling, & waste Respect all staff members providing direction 	<ul style="list-style-type: none"> Walk away from a conflict and inform an adult Show genuine care for others—look out for the Buddy Bench 	<ul style="list-style-type: none"> Respect all staff members providing direction Make safe decisions while walking/riding to and from school 	<ul style="list-style-type: none"> Care for equipment and supplies Clean up work areas and desk area Take risks and learn new things 	<ul style="list-style-type: none"> Taking Time Personal Space Quiet Safe Place Be Your Personal Best Every Day
Stand Up for Yourself and Others	<ul style="list-style-type: none"> Do the right thing Share if someone is making a mess or does not flush Respect others' stuff 	<ul style="list-style-type: none"> Do the right thing when no one is watching Bring food that does not cause allergic reactions, especially PB & J 	<ul style="list-style-type: none"> Tell the truth and accept the results Seek assistance to resolve problems: Stop, Walk, Talk 	<ul style="list-style-type: none"> Walk and be safe inside or outside buildings Ask an adult staff member for help if someone needs a ride 	<ul style="list-style-type: none"> Include all students in groups and activities Give your best effort on homework Try new ways to learn 	<ul style="list-style-type: none"> Courage Be an Upstander Looking Out (for Others) Tool

Robert Down Elementary School

Website: <https://robertdown.pgusd.org/>

Location: [485 Pine Avenue, Pacific Grove, CA, USA](#)

Phone: (831) 646-6540



Robert Down Elementary School

is using Smore to create beautiful newsletters

Created with  **smore**

Communicate quickly and effectively with interactive newsletters.

Smore empowers educators to connect with their community, streamline school communications, and increase engagement.

[Create a newsletter](#)

